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JUNE 8, 2018

JUNE SUNRISE/SUNSET:

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New Marine Laboratory Taking Shape

by Jeff Lysiak

From their very first days of existence, when the staff of the Sanibel-Captiva Conservation Foundation (SCCF) Marine Laboratory moved into a small, repurposed building that used to operate as a shell shop, they often hoped and dreamed that some day they would move into a larger and better equipped facility where all of their work could be completed under optimal conditions.

Next month, that dream will finally come true.

In the planning process for more than a decade and under construction for over a year, the new SCCF Marine Lab – located on the shore of Tarpon Bay, adjacent to the Tarpon Bay Explorers concession of the JN “Ding” Darling National Wildlife Refuge – has entered the final phase of development.

Last week, Dr. Eric Milbrandt, SCCF Marine Laboratory director, led a tour of the new \$1.6 million, two-story, 7,000-square-foot facility. He also discussed the history of marine-based research on the islands, the amount



In front of the new SCCF Marine Laboratory, still under construction at Tarpon Bay, are staff members, from left, Jenny Coleman, Ashley Graham, Rick Bartleson, Mark Thompson, AJ Martignette and Eric Milbrandt, along with Drew Parks of Hollon Construction photo by Jeff Lysiak

of work being done by scientists that necessitated growth, and what he and his team members are hoping the state of the art facility will provide for future research.

One year after SCCF became established on Sanibel, the foundation hosted

its first conservation conference in 1968. During the conference, a representative of Florida Atlantic University expressed an interest in establishing a marine center for both teaching and scientific research. In 1992, SCCF took over the long-established sea turtle monitoring

program founded by refuge biologist Charles LeBuff in the late 1950s.

“When we started here in 2002, this building was an old fishing captain’s retail shop,” said Milbrandt. “They were selling shells, T-shirts and various

continued on page 24

Squids And Octopi Studied At Sea School

by Jeff Lysiak

The best way to learn about all living things on Earth not only comes from observing their unique individual behaviors, habits, movements and external physical makeup. It also comes from scientific exploration of their internal anatomy.

In a class called Squids & Octopi: Naked Mollusks, Marine Science Educator Shannon Stainken shared her knowledge of the highly intelligent marine invertebrates while helping her eight young students take part in a dissection of a squid specimen.

“Dissections are a great way to understand how animals function,” said Stainken. “By observing their external anatomy and body plans, students are able to conceptualize where the word cephalopod comes from. They’re a great hands-on way to appreciate the



Sophie looking at the pen removed from a squid photos by Jeff Lysiak

complexity of these animals and how their tissues and organs are interrelated.”

Both squids and octopi are cephalopods continued on page 13



Participants in last Friday’s Squids & Octopi class at Sanibel Sea School with Marine Science Educator Shannon Stainken, right

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Historical Village To Hold Free Admission Day



Volunteer coordinator Jan Symroski welcomes visitors to the village photo provided

The Sanibel Historical Village will offer free admission for all visitors on Saturday, June 16 from 10 a.m. to 1 p.m.

"We decided to hold Free Admission Days because sometimes Sanibel residents tell us they have never been to the village," said Executive Director Emilie Alfino. "I suppose it's the same syndrome that causes New Yorkers to ignore the Empire State Building. With our mission to share and celebrate Sanibel's history, we wanted to do something to entice more people to explore the village. Once they do, we know they'll love it and return many times and bring family and friends."

The free day is not aimed at just locals but is open to all visitors.

The Sanibel Historical Museum & Village tells the story of Sanibel, from the Calusa and Spanish eras to the early pioneer families who settled on the island in the 1800s. It tells of warriors, adventurers, fishermen, farmers and proprietors. The island's way of life is recreated in a village of nine structures that have been relocated from their original sites, restored and preserved. Visitors trace the footsteps of the island's past as they meander along a handicapped-accessible path lined with buildings that represent "old Sanibel," as Sam Bailey used to say. Visitors can tour a pioneer home, fishing cottage, post office, schoolhouse, tea room, general store and other historical attractions.

Learn more at the Sanibel Historical Museum and Village, open Tuesdays through Saturdays from 10 a.m. to 1 p.m. A full guided tour takes place at 10:30 a.m. at no additional charge, depending on the availability of a docent. The museum closes for the summer on August 1 and re-opens October 16.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to eight of the nine buildings. Aside from Free Admission Day, admission is \$10 for adults (18 and over). Members and children are free. For more information, call 472-4648 during museum hours or visit www.sanibelmuseum.org.

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Kids from Sanibel Community Church in the Escape Room at BigStuf photo provided

Youth Ministry Going On Retreat

A group of 25 middle school and high school students and leaders from H2O Student Ministries of Sanibel Community Church will travel to Panama City Beach to attend a sold-out, seven-day national Christian youth camp, BigStuf, June 11 through 15.

This year's theme for BigStuf 2018 is ORIGINALS. Everything starts somewhere. The greatest movements and the biggest heroes all had a beginning. Before the success, before the fame, before the impact, there was a time when someone dared to be an original. They dared to do something that had never been done,

make something that had never been made, go somewhere that no one had gone before.

Students will discover what it means to live like an original. The students and the leaders are pumped and ready for a great week because here's one thing they know: originals change the world.

BigStuf camps have been offered for over 30 years. More than 1,500 teens gather together each week for nine weeks over the summer. It is a ministry full of gifted people who love to share their skills, talents and faith to make a difference in the lives of students. Their mission is to inspire students to live life with Jesus. Their vision is to create experiences that will make a difference in the lives of students.

After BigStuf, the next H2O summer event will be a bonfire at Pastor Kevin

Schafer's home on Wednesday, June 20 from 6 to 8 p.m. Call the church office for more details.

H2O Student Ministries is a youth ministry program for sixth grade through 12th grade young men and women. Wednesday night meetings are on summer break, but teens are still gathering together

on Sunday mornings at 11 a.m. at the Youth Center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✪

New Study At Sanibel Church

Sanibel Community Church is offering a new Bible study, *Life of Paul the Apostle* by Robert Picirilli. The study began on June 6 and will continue on Wednesdays at noon through July 25 (no class on July 4.)

Picirilli will take you on a comprehensive journey following the life, times and epistles of Paul the Apostle. Study Paul's life against the backdrop of the Greco-Roman and Jewish cultures in which he was raised. Combine this with the knowledge of the ministry of Paul throughout his life and learn to see this great man of God in full perspective, complete with an introduction and brief analysis of each epistle. This seven-week study will be led by Pastor Doug Hummer. The book is recommended and available in the Carpenter's Café & Bookstore, located on the church campus.

All are welcome to join the group and dig deeper into the life of Paul from his roots, to his missionary journeys, and his last days. Classes will be held in The Sanctuary.

Sanibel Community Church is a non-denominational, evangelical church

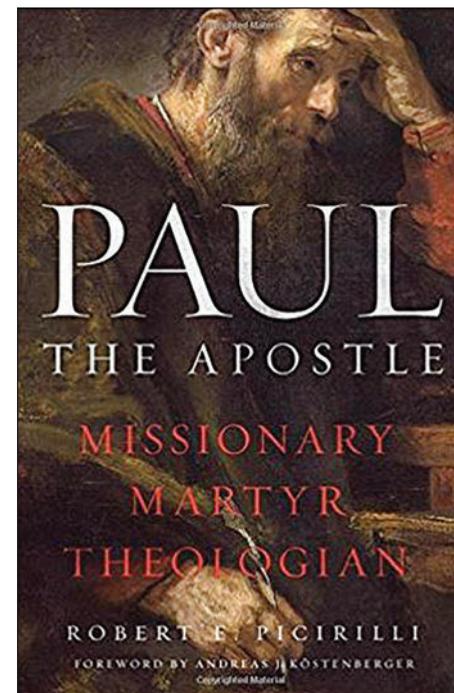


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with their church campus located at 1740 Periwinkle Way. For more information, visit www.sanibelchurch.com or call 472-2684.✪

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Fun For All At Community Camp



Drew Barron balanced an egg on a spoon during a sea turtle-themed relay race

photo provided

submitted by Leah Biery

On Memorial Day, Sanibel Sea School hosted local students for the organization's second Community Camp Day, a free day of ocean fun and learning for children ages 6 to 13. There was also an opportunity for older teenagers to participate as counselors in training. The theme of the program was sea turtles, and participants enjoyed a variety of related games and activities.

"Our first Community Camp Day in January filled up quickly, and the response from parents and campers was so positive," said the nonprofit's Director of Education Nicole Finnicum. "It can be difficult for parents to find affordable childcare for just one day, particularly on holidays, so we are happy to be able to offer this service to our community a

few times each year."

Fun was had by all as students painted shells, learned to navigate the island like sea turtles, and went seining and snorkeling in the bay. It was a windy day, but that didn't stop campers from exploring and learning about some of Southwest Florida's favorite marine reptiles.

Sanibel Sea School's Community Camp Days are made possible by a donor-supported scholarship fund, which ensures that cost does not prevent children from participating in ocean education. Upcoming Community Camp Days will be announced via the organization's Facebook and Instagram pages, and will also be shared with email list subscribers. To be added, email your request to info@sanibelseaschool.org.

For more information, visit www.sanibelseaschool.org.

The Community House

Parent And Child Cooking Classes

A family cooking class will be held on Monday, June 11 from 10 a.m. to noon. In this hands-on class, Chef Jarred will show children and their parents simple recipes that are healthy, fun and delicious. On the menu is Carrot and Orange Cupcakes. Cost is \$35 for the first two family members, each additional family member is \$10. Pre-payment required. Classes will also be held on July 9 and August 13.

Farm To Table Dinner

On Friday, June 15 from 10 a.m. to noon, there will be a Farm to Table Dinner hands-on cooking class led by Chef Jarred. Menu includes Fig, Goat Cheese and Caramelized Onion Tart, Traditional Coq Au Vin, and Lemon and Caramel Cream Puffs. Cost is \$40 per person and pre-payment is required by Friday, June 8.

Quick And Easy Meals Using 5 Ingredients

There will be a demonstration on

Friday, June 22 from 4 to 6 p.m. on how to make quick and easy meals using five ingredients. Menu includes Crispy Calamari Salad, Tuna, Ginger and Lime Cakes, and Orange Polenta Cake with Citrus and Honey Syrup. Cost is \$25 per person and pre-payment is required by noon Friday, June 15.

French Baking With Chef Andre

Professional baker Andre Gratesol will teach a baking class featuring French pastry on Thursday, July 5. Maximum 16 students for this hands-on class, so sign up early. Cost is \$50 per session. Registration required by Thursday, June 28.

Summer Kids Cooking Camp

Kids Cooking Camp is scheduled for the week of July 30 to August 3 from 9:30 a.m. to 1 p.m. Chef Jarred will continue his tour around the world with young chefs. Cost is \$50 per child per day. Sign up for all or any day. Prepaid registration required by noon Friday,

July 20. Some scholarships are available from Rotary, Kiwanis and private citizens.

Call for information on summer cooking classes on first Mondays from 2:30 to 5:30 p.m., scheduled for July 2 and August 6.

Yoga And Shell Crafting

Yoga classes continue throughout the summer on Tuesdays and Thursdays at 10 a.m. with Dr. Susan Pataky. Shell crafting lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.*

Free Monthly Bodywork Sessions

The Trager Approach is a unique bodywork and movement awareness method that promotes relaxation, pain relief and freedom of movement. Marva Sletten, PT, CMPT, CLT-LANA, LMT will provide brief individual sessions on Thursdays, July 12, August 2 and September 6 from 10:30 a.m. to noon at The Community House, located at 2173 Periwinkle Way. Contact Sletten at 910-7577 to schedule your session. There is no charge to attend.

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OBITUARY



CAPTAIN JOE BURNSSED

After a long illness, Captain Joe Burnsed died peacefully on May 29, 2018 at Shell Point Hospice at the age of 62.

Joe was born on December 12, 1955 in Orlando, Florida. After graduation in 1974, Joe left Orlando to join the Navy.

Joe and Laurel Kovach, his high school sweetheart, were married during a brief break between Joe's Navy "Boot Camp" and "A School" training on December 24, 1974 at Union Park Nazarene Church by Joe's father Rev. MG Burnsed. Laurel and Joe celebrated

their 43rd anniversary last December. Joe left the Navy in 1985 after more than 10 years of service and he, Laurel and Joey, their young son, moved to Sanibel to fulfill Joe's lifelong dream to become a charter captain out of Castaways Marina. Joe had to retire in 2002 due to medical issues and he fought a long, hard battle the last eight years with end-stage liver disease.

Joe loved God and his family. He was an avid hunter and fisherman. Joe, Laurel and Joey spent many long and happy days on the waters of Sanibel and Captiva islands together. Through hard work and commitment, Joe and Laurel built Captain Joe's Charters from scratch into a strong family business and a life's work he was very proud of, as well as many lifelong relationships with his clients, who quickly became fishing companions and friends.

Joe reared Joey, his son, on the boat from an early age as a fisherman, teaching him all the ins and outs of the backwaters of Sanibel and Captiva and the other barrier islands, and, perhaps, more importantly, the values of conservation, kindness and safety for his customers and friends. Captain Joey continues to fish with folks that his father first took fishing as customers more than 30 years ago.

Joe is survived by his wife Laurel Ann Burnsed; his son Captain Joey Burnsed and his wife Crystal; and grandchildren Lexi, Alexander and Jaelyn. Other survivors include Sara Burnsed, his mother; Marilyn Kovach,

his mother-in-law, Captain Jim Burnsed (Dall), his brother; Pat Nolen, his sister; and nieces and nephews Captain Jimmy Burnsed (Sarah), Tracy Burnsed (Steve), Amy McKay (Captain Rob), and Andrew Nolan and Robin Gowda (Nanda). Joe had 10 grandnieces and nephews.

A celebration of life will be held

at Sanibel Community Church on Saturday, June 9, 2018 at 3 p.m. In lieu of flowers, Joe asked that his family and friends please make donations to your favorite charity or Captains For Clean Water, a cause Joe believed deeply in and reflects his life's commitment to fishing and the outdoors.*

OBITUARY

RICHARD EDWARD JACKER

Richard Edward Jacker (Dick) died May 29, 2018 at the age of 87 of COPD at Shell Point Village in Fort Myers. He was the son of David and Bee Jacker of Chicago, Illinois. He graduated from Senn High School, Harvard College and Northwestern Law School, and practiced law in New York City until his retirement in 1989.

He is survived by his nephew Michael Jacker and niece Anne Dubitzky and their families, his wife Carol Daniels and her children Amelia Mitchell, John Toombs and Polly Toombs, and his grandchildren Forrest Hurley Toombs, Emerson Hurley Toombs and Sarah Spruill.

While living in New York City, he attended the Church of the Ascension and Grace Church, and served on the Vestry of both churches. He was active in the Episcopal Diocese of New York, serving on the Diocesan Council, and the Standing Committee of the Diocese for two terms.

After retiring, he and Carol moved to Captiva, Florida where he was on the boards of the Captiva Civic Association, the Captiva Library and chair of the County Library Advisory Board. He was a parishioner of the Captiva Chapel by the Sea and St. Michael and All Angels Episcopal Church on Sanibel. He served on the Board of Associates at the Captiva Chapel by the Sea, the Vestry at St. Michael and All Angels. He was instrumental in the missions and outreach committees for both houses of worship.

In retirement, he wrote poetry, participated in a writers group and continued to collect books. He and Carol spent many summers traveling in the United Kingdom.

Memorial services will be held in the fall at both St. Michael and All Angels Episcopal Church on Sanibel and at Captiva Chapel by the Sea. No flowers please. Memorial contributions may be made to Chapel by the Sea for the benefit of the missions and outreach programs at P.O. Box 188, Captiva, FL 33924 or to an outreach program in your community.*

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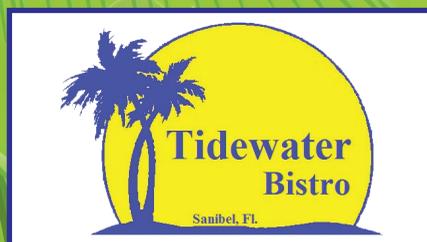


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Council Discusses Dunes Project, Center 4 Life

by Jeff Lysiak

During a busy June 5 agenda, members of the Sanibel City Council discussed a wide variety of subjects, including the status of The Dunes subdivision repaving project, plans to hold a workshop session regarding the future of the city's Center 4 Life and the current status of local water quality issues.

Keith Williams, public works department director, made a presentation on the status of the The Dunes repaving project and plans for the subdivision's traffic calming devices, which drew a significant amount of attention at the May 6 session. On Tuesday, Williams reported that the resurfacing project received six bids and staff recommended awarding the bid to Southern Striping Solutions, LLC in the amount of \$517,627.05. That work will likely begin the week after the July 4 holiday.

According to Williams, based upon his staff's evaluation of the four existing traffic calming devices (i.e. modular speed humps) installed throughout The Dunes, a recommendation to relocate one of those devices from the northern loop of Sand Castle Road to a location along the southern loop was made. Additionally, a speed hump was also proposed to be installed along the Albatross Road straightaway. The new device will cost approximately \$5,000.

Chief William Dalton of the Sanibel Police Department also talked about a proposal to create a no passing zone throughout The Dunes, following the city staff's recommendation to paint double yellow striping on all roadways within the subdivision. The public works department has estimated the striping project will cost approximately \$19,000.

Another traffic calming alternative suggested at last month's council meeting, lowering the speed limit within The Dunes to 20 mph, was examined by City Attorney Ken Cuyler. It was his opinion that the council did not have the authority to reduce the speed limit, which is regulated by the State Uniform Traffic Control System.

After weighing-in on public comments



During Tuesday's Sanibel City Council meeting, four Employee Dependent Scholarship Program awards were presented to the children of city employees. Dr. Stephen Brown, center, assisted with the presentation of this year's awards. photo by Jeff Lysiak

on the matter, council voted unanimously to approve the award of bid, relocation of traffic calming devices and double striping of the subdivision. Williams stated that once the road surfacing is done, a month is required before painting can be done and the speed humps reinstalled, estimating that the project should be completed "sometime around the Labor Day holiday."

Water Quality, Center 4 Life Update

Holly Milbrandt, environmental biologist with the city's department of natural resources, delivered a status report on Lake Okeechobee water levels and discharges into the Caloosahatchee. According to her information, as a result of Tropical Storm Alberto, the lake's water level increased by approximately one foot during the last two weeks. On June 4, the lake was measured at 14.23 feet.

"Because lake levels are within one foot of the intermediate sub-band of the Lake Okeechobee Regulation Schedule (LORS), the Lake Regulation Schedule calls for up to 4,000 cfs (cubic feet per second) at the S-77 and up to 1,800 at S-80," said Milbrandt, who noted that current flows at the Franklin Lock are averaging 8,260 cfs.

According to the report prepared by department director James Evans, the Caloosahatchee went 89 days – beginning at the end of February – where flows to the estuary were inadequate to maintain salinity below the salinity harm threshold in Fort Myers. "Although the estuary received flows equal to or greater than

650 cfs for the entire dry season, salinities still remained above the harm threshold," said Evans.

"We need to stop the flows," said Mayor Kevin Ruane, who speculated that the excessive discharges coming out of Lake Okeechobee will be "disastrous" for the local estuary within the next six months. He expressed a desire for the city to reach out to local water quality advocacy groups and develop an action plan for fighting the decision to distribute additional water towards the west coast. "Right now, we can't take any more water," he added.

Councilwoman Holly Smith offered to speak on the subject at the June 14 meeting of the Lee County Tourism Development Council in order to solicit more support, while all other members of the council pledged their support.

In his recommended changes to managing flows out of Lake Okeechobee, Evans stressed the need to better understand where the flows within the watershed are coming from. "We need flow monitoring stations deployed within the Caloosahatchee watershed tributaries to determine where the water is coming from and what projects are needed to curtail it," he added.

Later, a status report on future plans for the city-owned Center 4 Life (Island Seniors Center) was presented. Since last fall, when a workshop meeting to discuss alternatives recommended for the facility – proposed to either rebuild a new structure at the current location or build at

an alternative location (to be determined) – was postponed indefinitely due to Hurricane Irma, stakeholders recently inquired when the workshop will be held.

"We understand that Hurricane Irma brought many challenges for the city. You have been very busy picking up debris, repairing damage to structures, trimming trees, trying to balance the budget, nominate a new council member and new commissioners, all the while dealing with visitors, snowbirds and traffic," wrote Lynn Quigley, president of the Island Seniors board in her letter to City Manager Judie Zimomra on March 22. "As these challenges lessen in the next few weeks, we ask that city council again convene a workshop to discuss the proposals developed by Woodroffe Corporation Architects."

Ruane told the crowd gathered at MacKenzie Hall that while a new workshop session has not been scheduled, the city is looking into identifying funding resources for the proposed new Center 4 Life facility. In addition, staff is exploring the possibility of purchasing land offered by the Sanibel Community Association (SCA) for purposes of building a new Island Seniors facility.

While the SCA proposal has a still to be determined price to acquire the land, the estimated cost to construct a new Center 4 Life – a proposed 10,000-square-foot, single story ground level structure with 100 to 105 parking spaces (not including furniture, fixtures and

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BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019 11580 Chapin Lane, Captiva 472-1646
FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 10 a.m. Traditional Worship Service with Sunday School and nursery care at 10 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

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Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30

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UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.*



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Red mangrove

City Of Sanibel Vegetation Committee

On The Edge With Mangroves

The vegetation requirements for the City of Sanibel, based on the Sanibel Land Development

Code, identify mangroves as “vital components of the estuary” providing multiple benefits to people, fish and wildlife as well as creating a habitat for over 80 percent of the fish and shellfish species in Southwest Florida. Mangroves benefit communities through their ability to block wind and wave energy, stabilize soils and improve water quality through uptake of nutrients. Moreover, they provide roosting and

nesting sites for many wading birds and seabirds.

The history of mangroves is fascinating and there are approximately 70 species of mangroves worldwide. There are three varieties of mangroves that are native to Florida, none of which are in the same botanical family.

Probably most recognized by the arching prop roots and the drop roots coming down from the upper branches is the red mangrove (*Rhizophora mangle*). The seedling, referred to as a propagule, develops into a complete plant while still attached to the parent tree. When the propagule breaks free, it may drift around in the water for a year or more before anchoring in the sediments. It is the tree found closest



Black mangrove

to the water and can tolerate and thrive in varying degrees of salinity. Red mangroves are salt excluders – the salt in seawater is prevented from entering the plant at the root interface, so only fresh water enters the tree. An acre of red mangroves can shed up to three tons of leaves per year. The resulting detritus is the foundation for the food web from micro-organisms to fish to wading birds.

Black mangroves (*Avicennia germinans*) with their dark bark and two-toned leaves, green on top and silvery undersides, are salt extruders – these trees take in saltwater and expel salt through small openings on the surface of the leaf. As the water evaporates, salt crystals are left. Pneumatophores, pencil or straw-like projections along the horizontal roots, are like breathing tubes for the tree and conduct oxygen to the underground root system. Black mangroves are the most cold tolerant of the three species, and can extend much farther into the “frost zones.”

White mangroves (*Laguncularia racemosa*) grow furthest upland in the mangrove fringe, and do not like their “feet” to be as wet as red and black mangroves. The leaves are oval in shape, rounded at both ends, and the leaf tip has a distinguishing notch. Much like the black mangrove, the white mangrove is also a salt extruder – they take in saltwater and excrete the salt through two small glands, referred

to as nectaries, on the petiole just below the leaf base. White mangroves are the least cold tolerant of the three species and tend to colonize closer to the tropics.

Destruction of mangroves worldwide has increased the vulnerability of areas to coastal storms and flooding. Threats to mangroves include development and alteration of coastlines, poor water quality from runoff and invasion by exotic plants. In Collier County, nearly 70 percent of the mangroves have been destroyed to build homes around Naples Bay. Efforts are being made to protect and manage these areas through conservation, restoration and educational opportunities regarding the value of these trees.

Florida has approximately 400,000 to 600,000 acres of mangrove fringe, which are fortunately protected under the 1996 Mangrove Trimming and Preservation Act and reinforced by city’s local ordinance (Section 38-31-38-200). Mangrove trimming and alteration is governed by the Florida Department of Environmental Protection; however, authority has been delegated to the City of Sanibel to regulate mangrove protections on island.

A homeowner that wishes to trim mangroves is required notify the City of Sanibel. Upon notification, city staff will inspect the project area before and after trimming to ensure compliance with mangrove regulations. Mangrove

continued on page 20

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BREAKFAST LUNCH DINNER





Queen's Jewels was introduced about a century ago as an ornamental. It escaped cultivation and is now a category-II invasive pest plant. Here, it thrives along with a backdrop of another category-II invader, snake plant. photos by Gerri Reaves

Queen's Jewels Marks Garden That Was

by Gerri Reaves

Take one look at these lovely flowers and you'll understand why this vine is called queen's jewels (*Antigonon leptopus*). The pink bell-like flowers and pretty heart-shaped leaves recommend it to any gardener.

Plus, it grows like crazy without any attention. And that's why you don't want to plant it.

It's done so well that it's now listed as a category-II invasive species by the Florida Exotic Pest Plant Council. Species in that category "have shown a potential to disrupt native plant communities" and should not be intentionally included in landscapes.

At a vacant lot where a home once existed, queen's jewels persists and tops native and invasive alike by climbing into the treetops

This native of Mexico was introduced to Florida as an ornamental prior to 1924. It escaped cultivation and is now naturalized, meaning that it easily propagates on its own.

A perennial vine of the buckwheat family, it's a fast-grower, thrives in almost any soil, and loves the sun and moisture of South Florida. Via tendrils, it scrambles almost anywhere, even into treetops, reaching up to 40 feet long.

Clusters of five-petaled flowers appear on branched stalks throughout the year. However, what seems to be the flowers are sepals that surround the actual tiny flowers. The sepals vary in color from white to reddish pink to coral.

The net-veined pointed leaves are up to five inches long.

Queen's jewels has numerous other common names, including coral vine, hearts-on-a-chain, chain-of-love, rosa de Montana, Mexican creeper, corallita, confederate vine and queen's wreath – just to name a few.

The vine's century-old history is easy to trace, especially in plantings

marking the boundaries of demolished or relocated homes.

In these photos taken on a former home site in historic downtown Fort Myers, queen's jewels flourishes

alongside other invasive species like snake plant (*Sansevieria hyacinthoides*). The latter was also a desirable house and garden plant before being deemed invasive.

If your yard is host to this vine and you decide to eliminate it, do it thoroughly, for it will simply re-generate from the tubers if they are not completely removed.

Also be sure to gather all the seeds, because animals eat and disperse them.

The tubers are said to be a food source in regions of Mexico, and the vine has many medicinal uses.

Sources: *500 Hundred Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor; *National Audubon Field Guide to Florida* by Peter Alden et al.; www.eattheweeds.com; www.fleppc.org; www.floridata.com; and <https://plants.ifas.ufl.edu>.

*Plant Smart explores the diverse flora of South Florida.**

SCCF Sea Turtle Nesting Statistics

The Sanibel-Captiva Conservation Foundation (SCCF) reported 136 nests on the beaches, which is 52 more than the previous week. Tropical Storm Alberto caused the loss of one nest on Captiva, two nests on the east end and 13 nest on the west end. Any nest losses are disheartening but the turtles that lost their nests will be back to lay more as the season progresses.

June is the busiest month for nesting so residents and visitors are reminded to fill in all holes on the beach, bring in beach furniture and turn off or shield all light after 9 p.m.

More information can be found at <http://sccf.org/our-work/sea-turtles>.

As of June 1, 2017

Sanibel East: 35 loggerhead nests, 0 green nest, 61 loggerhead false crawls*, 0 green false crawls

Sanibel West: 85 loggerhead nests, 0 green nest, 159 loggerhead false crawls*, 0 green false crawls

Captiva: 61 loggerhead nests, 0 green nest, 47 loggerhead false crawls*, 0 green false crawls

As of June 1, 2018

Sanibel East: 22 loggerhead nests, 0 green nest, 40 loggerhead false crawls*, 0 green false crawls

Sanibel West: 81 loggerhead nests, 0 green nest, 101 loggerhead false crawls*, 0 green false crawls

Captiva: 33 loggerhead nests, 0 green nest, 37 loggerhead false crawls*, 0 green false crawls

*false crawl – a failed nesting attempt

If you have questions, or would like to know more about nesting stats on Sanibel, contact seaturtle@sccf.org or call SCCF at 472-2329.*

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.





Chloe showing off an eyeball harvested from a squid

From page 1

Squids And Octopi

– which means “head-footed” – who lost their hard shell coverings through evolution. This adaptation has allowed these animals to move faster and with more agility. Studies have shown that these critters are equally as smart as domesticated cats, with an ability to retain memories and solve problems through observation.

In one story, Stainken talked about an octopus that was housed inside an aquarium. The octopus learned how to lift the lid on its tank, crawl across the floor towards a row of tanks containing lobsters, scaling several pieces of equipment to enter a tank in order to eat the lobsters. In another example, an octopus learned how to unscrew the lid of a jar containing a crab.

Sitting at picnic tables located behind the Sanibel Sea School classroom, Stainken and her students began the dissection process by identifying the three parts of the squid’s body – the mantle, located at the top; the head, located in the middle; and the arms and tentacles, located at the bottom. Using a pair of forceps (tweezers), the youngsters carefully counted each of the squid’s arms (eight) and tentacles (two).

“An octopus has eight arms but has no tentacles, which is one of the biggest differences between the two,” noted Stainken. “On a squid, the arms have suction cups along the entire length, but the tentacles only have suction cups near the tips.”

Next, students removed the beak (mouth) and eye from the specimens.

“I pulled the eye out,” one pupil named Chloe said with glee. “Now he won’t be able to see very well.”

During the lesson, Stainken discussed how a squid is able to use camouflage in order to hide from predators or sneak up on prey, explained the purpose of emitting ink, and talked about how they move using jet propulsion. “They draw water in and push it out quickly using their siphon, which allows them to move at burst speed,” she added.

Another interesting fact about squid and octopi anatomy is that they contain three hearts. Two smaller hearts are located beneath the gills, while a larger heart can



Students Wes and Max learning about squid anatomy by dissecting the cephalopod specimen



Shannon Stainken painting a great white shark on Wyatt's leg

be found in the middle of their bodies.

Later, the group gave each other squid ink temporary tattoos and visited the beach off Buttonwood Road, where they looked for living examples of marine life.

“We caught a few comb jellies, swimming crabs and a gulf kingfish. We also collected shells from bivalves and gastropods, who are also in the animal group mollusks,” said Stainken. “We discussed the similarities and differences between the creatures we caught and cephalopods.”

Squids & Octopi: Naked Mollusks will be offered again on Monday, June 25 at 9:30 a.m. The three-hour class is open to ages 6 to 13 at Sanibel Sea School’s flagship campus. Cost is \$55 per student and advance registration is required.

Other upcoming classes offered at Sanibel Sea School include Dolphins – Flipping Through Life on June 11 at 9:30 a.m., Mangroves – Trees That Feed the Sea on June 11 at 1:30 p.m., Calusa – Evidence of a Lost Culture on June 13 at 9:30 a.m., Sea Turtles – One in 3,000 Chance at Survival on June 14 at 1:30 p.m., Urchins, Dollars and Stars, Oh My! on June 15 at 9:30 a.m., and Coconuts – Discover the Wonder of a Drupe on June 18 at 1:30 p.m. For a complete class schedule, visit www.sanibelseaschool.org.

Sanibel Sea School is located at 455 Periwinkle Way. To register for any of the upcoming classes, call 472-8585 or email sanibel@sanibelseaschool.org.✱



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Back At It After The Storm



by Capt. Matt Mitchell

After days of rain and strong winds associated with the first tropical storm of the season, I finally managed to get back out onto the water mid-week. Major weather events like

this always change up our fishing and also make catching bait more difficult than usual. Taking clients fishing after not having been on the water for several days just does not feel right; it's like going blind as you don't have any intel from the days before.

Fishing for a full day the first day back on the water with longtime clients Bryan and John Majewski from Wisconsin, early morning fast moving rain caused us to push back the pick up time by a little bit. I did struggle to get enough shiners and had to move locations several times. Winds were still a little gusty and the skies overcast with scattered rain that we would have to dodge most of the day.

For our first stop I chose a southern

facing shoreline with a deeper channel dead-ending against the mangroves. Casting the shiners in close to the shoreline, it did not take long for Bryan to hook up. This first fish of the day felt like the baitfish was hung up on the bottom, but after a few turns of the reel, the fish came up and did a head shake on the surface. The second time this fish came up to surface, I realized it was a giant flounder! Quickly grabbing the landing net, this was the largest flounder caught on my boat in years and measured a whopping 24 inches. After a few more casts, we had a few snook bites then landed a 28-inch snook and a 15-inch mangrove snapper. With a big flounder and mangrove snapper in the fish box, I knew I had their dinner covered and the pressure was off a little bit.

Working our way north, we did not catch a single fish for the next two hours and the bite just quit. Even with strong south winds, I just could not find any moving water and saw fish laid up on every shoreline we fished. Taking a break for a lunch stop, I decided we would spend our time fishing the southern sound as it was also closer to home if we had to dodge the weather. Bouncing around the very south end of St. James City, the tide was now super high and the ideal set-up I had been hoping for all day. Mangrove shorelines now began to turn on with a few snook coming to the boat before



Bryan and John Majewski from Wisconsin with multiple species caught while fishing with Capt. Matt Mitchell this week

photo provided

Bryan hooked and landed a fat 25-inch redfish.

John so far had only caught a few smaller fish all day but was still working hard at it. This next stop turned his day around. Pitching larger tail hooked pinfish into the mangrove shadows, John hooked into the fish of the day, a big hard fighting snook. After a few close calls with the mangrove roots, the fish came boat side for a few pictures before a careful release.

John's "trip maker" was a fat 34-incher. A half hour later, strong rain bands moving in and chased us off the water as we called it a very memorable day.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✪

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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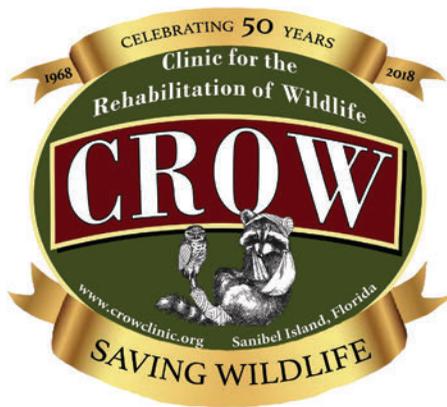
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CROW Calendar Of Events



The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations are offered at 11 a.m. only. Wildlife Walk hospital tours are offered on Wednesdays, Thursdays and Fridays at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, June 8, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, June 8, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters.

This presentation discusses the unique adaptations of the native and migratory

raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Monday, June 11, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, June 12, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its

contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, June 13, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, June 13, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, June 14, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the

tour with an animal ambassador.

Thursday, June 14, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.*

Resident Notice: Mosquito Control On Sanibel Island

The Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel and all of Lee County. "Mosquito Season" typically runs from May through October, and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marshes, Sanibel is a prime breeding ground for mosquitoes.

If you are experiencing a high number of mosquitoes at your residence, make a service request by calling LCMCD directly at 694-2174. If the LCMCD receives complaints from a specific area or neighborhood, the district dispatches personnel to conduct a mosquito count and, if warranted, will fog or spray the area.*

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CROW Case Of The Week:

Animal Ambassadors



by Bob Petcher

Animals that do not fully recover from injuries or illnesses still can live a productive life, though probably not in the wild. While these creatures have received physically and/or mentally

debilitating injuries and are deemed non-releasable, they still have the opportunity to acclimate from forager to educator.

Enter the animal ambassador. At CROW, countless animals have come to the medical hospital from around Southwest Florida with various injuries. Many of these patients have been successfully rehabilitated and released back into the wild where they were first found wounded.

Unfortunately, even while CROW medical staff provides outstanding treatment to all patients, some are just beyond repair. Instead of giving up on these animals, they have been given a second chance as a wildlife ambassador. These animals are used during presentations and programs for an up close experience with wildlife. This new role allows children and adults to get up close and personal with creatures from



From left, Bashful, a Virginia opossum, Lola, an American kestrel and Mina, a great horned owl, are animal ambassadors at CROW photos by Brian Bohlman

around the world. CROW began its animal ambassador program in 2012 to provide an educational home for these creatures. The clinic's rehabilitation staff spends countless hours training and building trust with these animals so they can remain relaxed around crowds.

CROW officials believe education is an integral part of the nonprofit organization and essential to its mission. Many are sent to exhibition facilities to teach audiences of all ages the importance of respecting wildlife.

"One of my favorite things about

working with these animals is being able to build trust and have a relationship with them as a handler," said Breanna Frankel, CROW rehabilitation manager. "Mina, the great horned owl, for example, is an amazingly beautiful, powerful creature which would be capable of killing me if she wanted to, but knowing that she trusts me enough to feel comfortable and safe with me is very rewarding."

Animals have become quite effective in their roles as ambassadors, thus increasing human awareness. CROW currently has five animal ambassadors that participate in daily presentations and

off-site programs. Mina, a great horned owl, arrived to the clinic in December of 2016 with a partially amputated right wing. The injury had mostly healed by the time she was brought to the clinic, but rendered her unable to fly.

Talon, a red-tailed hawk, arrived to the clinic in January of 2014 with a broken left wing. The fracture had already healed incorrectly, and he was unable to fly.

Lola, an American kestrel, arrived in March of 2013 after she was found in a front yard in Cape Coral. She also had

continued on page 19

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Shell Of The Week

Pear Whelk



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

For the last two weeks, this column covered the renowned Lightning Whelk,

Sinistrofulgur sinistrum. Today, I want to introduce its smaller, right-handed cousin, the Pear Whelk, *Fulguropsis spirata* (Lamarck, 1816). Pear Whelks can reach 15 cm (about 6 inches). The shell is thin, with a long anterior canal and short, flattened spire. The color shows variations around the theme of a cream background with axial (“longitudinal”) brown streaks. The egg cases in this species resemble those of the Lightning Whelk, but are smaller, thinner and bear “spikes” around the edges. Learn more about local mollusks and their shells at www.shellmuseum.org/shells/southwest-florida-shells and <https://shellmuseum.org/blog>.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk.



The Pear Whelk, *Fulguropsis spirata*, and its egg capsules, from Sanibel

photo by José H. Leal

Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

SCCF Turtle Tracks Program

Sea turtle nesting is heating up on island beaches. The Sanibel-Captiva Conservation Foundation (SCCF) sea turtle volunteers are on the beach at dawn every morning finding nests from the night before.

Did you know that when coyotes came to the islands in 2011, they began preying on 60 percent of the sea turtle nests? In response, SCCF began screening each nest; predation is now down to below 15 percent. The coyotes can't dig down to the eggs but the babies can crawl out when the nest hatches.



Coyotes digging at a sea turtle nest

photo provided

The Turtle Tracks program is offered every Thursday at 10 a.m. at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road, presented by volunteers of the sea turtle monitoring program. Cost is \$5 per adult. Call 472-2329 for more information.

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SUP Yoga: Challenge Your Balance

by Ocean
Tribe Paddlers



We recently had a chance to try a stand up paddleboard-based yoga class. The combination of paddling, challenging our balance and wildlife watching made for a perfectly active afternoon on the water. For paddling enthusiasts looking for a unique experience, SUP yoga offers a fun opportunity to increase your overall fitness in ways that will also support your efficiency and strength as a paddler.

A typical SUP yoga session begins with a paddle out to calm waters, often in a lagoon or an area sheltered by mangroves. There, paddlers anchor their boards to begin a yoga practice that is specifically designed to be enjoyed on the water. The flow starts with a series of seated poses to stretch the muscles and prepare the body for more strenuous movement. You will enjoy the sounds of the water slapping against your board, and if you're like us, you will be amazed at how difficult even the simplest pose can be when there are waves passing under you.

Next, your instructor will lead you through the more active poses, seriously challenging your balance and focus. A good teacher will offer plenty of options to suit both beginners and more advanced

students. Everyone will fall, and everyone will laugh. A sense of humor might actually be the most important thing to bring to a SUP yoga class, along with the knowledge that you will eventually end up in shavasana, which is heavenly on a paddleboard.

No matter what your experience level, you will strengthen your core muscles, improve your balance and enjoy your surroundings. There is something very peaceful about moving your body in nature, adjusting to the flow of the water. From mountain lakes to tropical estuaries, SUP yoga classes are available in beautiful locations around the world. We recommend using TripAdvisor or Google to search for well-reviewed options near you.

Namaste, paddlers!

*Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.**

Daily Programs At Shell Museum

The Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road, offers daily Tank Talks at 11 a.m., 12:30, 2:30 and 4 p.m. Daily Shell Crafts are from noon to 3 p.m. (Shell Jewelry from 1 to 2:30 p.m. on Wednesdays). Included with museum admission, no reservations required. Schedule subject to change.

The museum also offers daily Beach Walks led by shell experts. For reservations and pricing, visit www.shellmuseum.org or call 395-2233.*

From page 1

CROW Case

suffered a broken wing which had not healed correctly. She is capable of short flights, but would not be able fly well enough to hunt in the wild.

Bashful, a Virginia opossum, arrived in May of 2016 after he was found circling in a person's front yard. He had suffered some kind of trauma which caused neurologic issues. According to CROW officials, Bashful no longer knows how to be an opossum. He does not "play dead" or become defensive like an opossum normally would do to defend itself from a predator.

Sheldon, a gopher tortoise, arrived to the clinic in July of 2015 after he was struck and dragged along the pavement by a vehicle. As a result, he suffered extensive damage to the underside of his shell (the plastron), had a fractured upper shell (the carapace), and lost a majority of the nails on his front limbs. The shell injuries have healed; however, his nails have never grown back. Without them he is unable to dig a burrow, which is vital to a wild gopher tortoise's survival.

In addition to the animal ambassadors, CROW also has a number of live animal exhibits in its visitor education center showcasing native

versus invasive species in Southwest Florida. CROW staff members say visitors are always excited to meet Sydney, the American alligator; Billy, the nine-banded armadillo; and Violet, the Eastern indigo snake.

While wildlife ambassadors have become accustomed to be more receptive of people, CROW officials point out it is vital that facility visitors know that these animals are still wild.

"Even though animal ambassadors have been conditioned to be more tolerant of human contact, it's crucial that audiences are aware that these animals are not pets," said CROW Development & Education Coordinator Rachel Rainbolt in an earlier column. "They are wildlife and still maintain all of the same fears and anxieties as if they were in their natural surroundings. Proper safety must be exercised at all times, so ambassadors are under close supervision of CROW's staff, students and volunteers during programs."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*



Giant swallowtail

photos provided



Great southern white

SCCF Offering Gardening For Butterflies Class

On a recent walk through the Wildflower and Pollinator Garden at the SCCF Native Landscapes and Garden Center, seven species of Lepidoptera were spotted. Each species was there to nectar on flowers or to lay eggs on their larval host plant. Zebra longwing and gulf fritillary butterflies were

seen laying eggs on native passionvine. Giant swallowtails were looking for native wild lime, tasting the leaves with their feet. The hummingbird moth was attracted to the seven-year apple that was in bloom.

Join butterfly lovers and gardening gurus on Wednesday, June 13 at 10 a.m. for a Gardening for Butterflies class at the SCCF Native Landscapes and Garden Center, located at 1300 Periwinkle Way. Reservations are required and admission is \$10, which includes a laminated SCCF Butterfly Guide. Call 472-1932 for more details.*



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Participants Sought For World Record Title

The 3rd annual National Seashell Day will kick off the summer season with an attempt to break a Guinness World Records title on the beach behind The Outrigger Beach Resort on Fort Myers Beach on Thursday, June 21. Check-in is under the tiki hut at the Outrigger from 6:30 to 8:30 a.m.

Celebrating one of The Beaches of Fort Myers & Sanibel's most popular draws – seashells – the Lee County Visitor & Convention Bureau (VCB) plans to break the Guinness World Records title for the largest human image of a seashell. The VCB is asking for the support of the community to make it happen.

“Summer’s here and we’re going to celebrate by creating a human seashell of epic proportions,” said Tamara Pigott, VCB executive director. “With the help of our community, we look forward to attempting a Guinness World Records title.”

The Guinness World Records title for the largest human image of a seashell is currently held by Shell and Turcas Petrol AS and was achieved in October 2017 with 855 participants. This was the result of a team-building event with owners of Shell gas stations all over Turkey.

The VCB’s goal is to take the Guinness World Records title with more than 1,000 people on the beach to fill in the form of a seashell. A Guinness World Records adjudicator will be on site to verify the attempt.

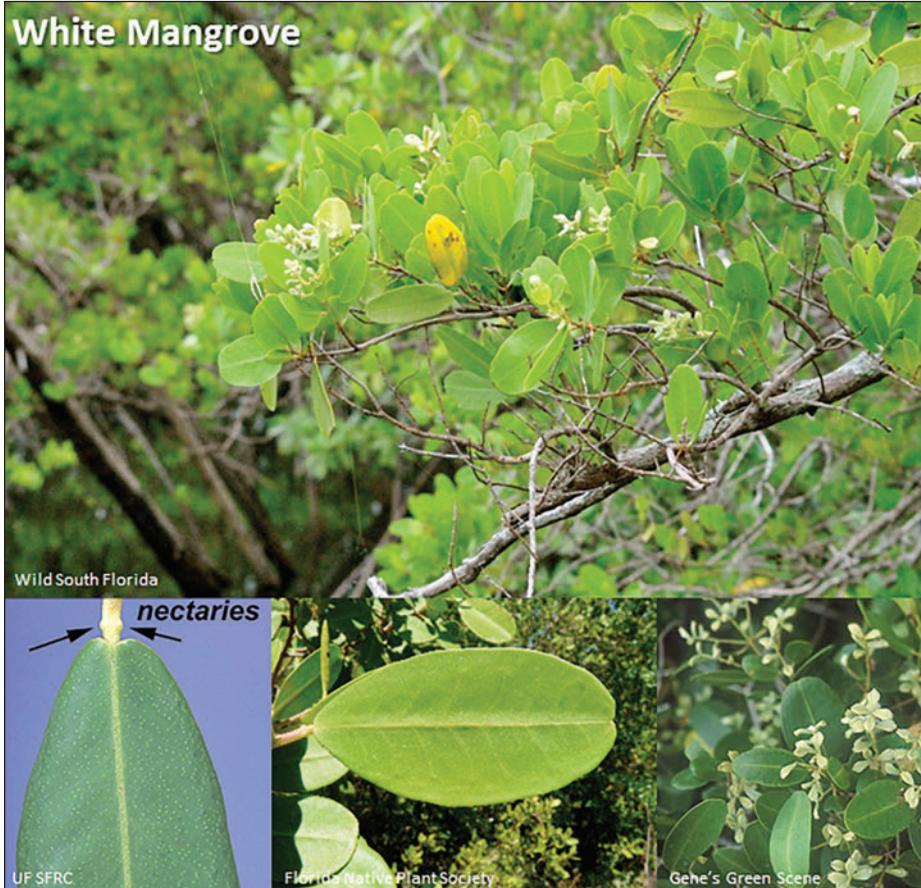
Commemorative 2018 National Seashell Day T-shirts and hats will be provided for participants, as well as complimentary water, fresh fruit, snacks, entertainment and tent seating for shade.

Bring refillable water bottles. To be more environmentally friendly, water stations will be available rather than handing out bottled water.

No pets allowed. Parking will not be available on site at the Outrigger Beach Resort. Participants are encouraged to use the free Park & Ride on LeeTran’s Beach Trolleys (Route 400) to and from the event. Trolleys will run every 10 to 15 minutes from Fort Myers Beach Park & Ride, 11101 Summerlin Square Road (first trolley arrives at 6 a.m.) and from Lovers Key State Park, 8700 Estero Boulevard, east side (first trolley arrives at 6:45 a.m.).

Registration is required, and volunteers will need to include shirt sizes for everyone in the party. A free bus pass will be provided in the registration confirmation email.

The Outrigger Beach Resort is located at 6200 Estero Boulevard on Fort Myers Beach. To register, visit www.leevcb.com/events/2018-national-seashell-day for more information.*



White mangrove

From page 10

Mangroves

trimming projects should be designed to minimize environmental impacts and protect this natural resource. To view more information about mangrove and mangrove trimming, visit the city’s website at <http://www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Mangroves>. You can also contact the City of Sanibel Natural Resources Department to discuss mangrove trimming regulations or schedule an on-site meeting by calling 472-3700.

Your efforts to comply with the city’s mangrove laws help guarantee the preservation of this unique native vegetation and wildlife habitat that exists on our island. Mangroves are our bridge between the land and the sea.

The vegetation committee hosts free

photo provided

plant walks from November to April at Sanibel City Hall to view and discuss the use of native plants. Everyone and their questions are welcome.

To view pictures of the Invasive Exotic Plants “Worst of the Worst” or the city’s *The Alien Invasion* brochure, visit <http://www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation> or contact the Natural Resources Department.

The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city’s vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.*

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The group of young birders and their parents with naturalist Jayne Johnston

photos provided

Young Scholars Go Birding At Tarpon Bay

Last week, children from the Veterans Park Academy for the Arts in Lehigh Acres ventured to Tarpon Bay Explorers with hopes of checking birds off their life lists and expanding upon their Junior Bird Certification (a Florida Wildlife Commission Florida Birding Trail

program). Kayaking along the mangroves of the JN "Ding" Darling National Wildlife Refuge can provide some of the most excellent birding in Florida.

Jayne Johnston, a naturalist at Tarpon Bay Explorers, and Melinda Lynch, a teacher at the school, spearheaded the event. Johnston is also the education and membership chair of the Southwest Florida Audubon Society who mustered the funds for the transportation through the Southwest Florida's Audubon Society. The kayaks and tour were provided by Tarpon



The aspiring birders departed by kayak to paddle through Tarpon Bay looking for birds to add to their sightings list

Bay Explorers free of charge.

Johnston and Lynch's passion for conservation and education inspired them to "bring the fifth grader after school bird club to life," said Johnston.

The bird club was not disappointed. Just after an hour of kayaking, the junior birders were able to check five new birds off their lists including brown pelican, green heron, yellow crowned night heron, least tern and magnificent frigate bird. Sightings during the trip through Tarpon Bay elevated the young birders to the next

level of certification, which consists of up to 25 to 49 species.

"Conservation starts with upcoming generations. Instilling memories and appreciation at a young age with trips like this will help conservation efforts down the road," said Adam Sauerland, program and education manager at Tarpon Bay Explorers. "We love to have groups like this come out and have a good time. We couldn't have been prouder of our fledgling birders and we hope they had just as awesome a time as I did." ✨



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Alligator Wonton with Orange Ginger Sauce

- 1 tablespoon olive oil
 - 1 onion, finely diced
 - 1 tablespoon garlic, finely minced
 - 3 tablespoons ginger, freshly grated
 - 1/2 pound shrimp, peeled, finely chopped
 - 3 canned water chestnuts, drained, finely chopped
 - 1/2 pound lean gator meat, ground
 - 1/2 cup scallions, chopped
 - 1 tablespoon oyster sauce
 - 2 teaspoons low sodium soy sauce
 - 1 tablespoon rice wine or dry sherry
 - 2 teaspoons salt
 - 1 teaspoon white pepper
 - 1 package prepared wonton wrappers
- (12) Canola oil for frying
Heat olive oil in a sauté pan over medium heat then add onion, garlic and

ginger; sauté until translucent and set aside to cool. When cool, combine onion mixture, chopped shrimp, water chestnuts and remaining ingredients (except wonton skins) in a large bowl, mixing well. To assemble, lay one wrapper on a cutting board and moisten all edges of the wrapper with water. Place a tablespoon of wonton filling in the center of wrapper and fold in half diagonally over filling. Make sure the edges meet and press edges down firmly to seal. Press down on filling to flatten slightly; repeat with remaining wontons. In a deep-fryer, heat canola oil to 375 degrees Fahrenheit. Fry wontons in small batches for two to three minutes until golden brown, turning occasionally. Remove with slotted spoon and drain on paper towels. Serve immediately with Orange Ginger Sauce.

Orange Ginger Sauce
1 cup orange marmalade
1/2 cup low sodium soy sauce
1 tablespoon rice wine or dry sherry
1 teaspoon pickled ginger, chopped
For the dipping sauce, combine the orange marmalade, soy sauce, rice wine and ginger in a bowl; mix well. Serve as dipping sauce warm or room temperature.✪



Alligator Wonton with Orange Ginger Sauce

photo courtesy Fresh From Florida

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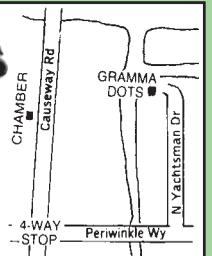


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American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, June 10 from 1 to 8 p.m. Prime rib is on the menu for Father's Day, Sunday, June 17.



The Post 123 general meeting will be held on Wednesday, June 13 at 6 p.m.

If you have a flag that needs to be retired, drop it off at Post 123. Flags will be retired at 6 p.m. on Flag Day, Thursday, June 14.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✪

Shell Found



Tom Singer photo by A. Ziehl

Tom Singer of Somerset, Pennsylvania found a horse conch along Middle Gulf Drive. He and his wife Lynn have been coming to Sanibel for years. This was the largest horse conch found among his relatives. His wife Lynn, sister-in-law Ann and husband James Petrunak previously found four horse conchs when they were here. Their finds were published in the June 1 issue of the *Island Sun*.✪

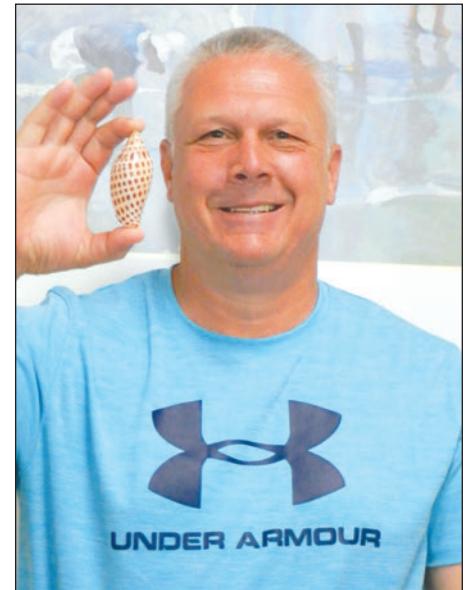
Shell Found



Brian Sr. and Brian Jr. Borden photo by A. Ziehl

Brian Borden, Jr., 14, and Brian Borden, Sr., visiting from Manhattan, Illinois, found a junonia on June 1 at Lighthouse Beach. They were staying at West Wind Inn. "The seashell was found in a tidal pool behind the sand bar," they said. "The small size makes the shell rare."✪

Shell Found



Rick Hensley photo by A. Ziehl

Rick Hensley, visiting from Paducah, Kentucky, found a junonia on the beach at Blind Pass on June 4 while staying at Castaways Cottages. He said he found the shell after sunset "rolling in the water."✪

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From page 1

Marine Laboratory

nautical gear out of here.”

According to Milbrandt, once U.S. Fish & Wildlife Service officials took ownership of the facility in 1987, the original plan was to bulldoze the building. Erick Lindblad, SCCF executive director, asked then Refuge Manager Ron Hight for permission to convert the former marina store into what became known as the Southwest Florida Barrier Island Research Laboratory. There, staff, visiting scientists and student interns began conducting water quality monitoring and marine-based data analysis.

“There were a lot of things going on back then: Lake Okeechobee releases, the Everglades Restoration Plan and a number of regional water issues that people from Sanibel really weren’t engaged with at the time,” said Milbrandt, who noted that in the beginning, a staff of four – including himself, then Marine Lab Director Steve Bortone, a scallop researcher from the University of Florida and a research assistant from Florida Gulf Coast University – made up the SCCF Marine Lab team.

Over the years, lab staff conducted research on local marine habitats, specializing in determining status and long-term trends. At their modest facility, scientists and students have helped identify and investigate specific problems such as massive amounts of drift algae washing up on island beaches.

“The Marine Lab plays a significant role in improving habitats and education through grassroots restoration efforts,” an SCCF progress report stated in 2012. “By planting mangroves and creating oyster reefs, the Marine Lab has improved habitat quality, productivity and water clarity.”

Increased research efforts and studies, along with an aging building, triggered the need for growth.

“The main issue with this building is that it’s at ground level, making it susceptible to hurricanes,” said Milbrandt. “We got lucky with (Hurricane) Charley; we did have some roof damage. But the other problem is that we do have some pretty expensive scientific equipment here.”

The planning process for a new facility started in 2007. Team members began conducting inspections of the current building, pointing out non-conforming elements of the structure and identifying what areas needed to be improved. They also started a grant application process through the National Science Foundation, writing a proposal for a new facility.

By late 2012, an architect from the U.S. Fish & Wildlife Service began collaborating with SCCF staff on elements required for the new facility. At the time, the marine lab was placed on the top of the priority list for new building construction. A capital campaign helped raise more than \$400,000 for the \$1.6 million project. Four years later, the designs for



View of Tarpon Bay from the top floor widow's walk

the Sanibel facility were approved and construction began in October 2016.

The building contractor, Hollon Construction, is now putting the finishing touches on the laboratory facility, which will include:

Wet Lab – To be used for conducting research and experiments on water quality, plants and animals

Dry Lab – Where delicate scientific equipment (i.e. microscopes, electronic devices) will be used to conduct analytical chemistry testing

Offices – Two small and two large office spaces for SCCF staff; one large conference room

Bullpen – Open office space for visiting scientists and research students

Boat Storage – Three open bays for storage and routine maintenance of SCCF Marine Lab vessels

RECON – A space dedicated for handling RECON system equipment maintenance

Outdoor Tanks – To be used for growing mangrove seedlings and seagrasses for ongoing restoration projects

Screened Porch – Outdoor covered facility to be used for scientific experiments and group activities

Locker Room – Dressing room equipped with a dehumidifier system

Shower – Outdoor screened shower facility and changing area

“Our ability to conduct analytical data is going to go way up,” explained Milbrandt. “We’re going to have a nutrient analyzer and a tissue analyzer that we’re going to use for studies on water nutrients and plant nutrients. We’ll also have a drying oven to quantify biology and an incubator, where we’ll be growing algae cultures.”

Being able to conduct analytical research in-house will save SCCF both time and money.

The facility will also contain a break room with kitchen facilities; two bathrooms; a lift/elevator for handicapped-access and heavy equipment transport; polished concrete



Rear view of the new facility and external staircase

photos by Jeff Lysick



The current marine lab building is seen on the left, with the new facility being built on the right

flooring; air conditioning with separate zones; rainwater harvest system; solar panel electrical system; motion-activated LED lighting; and a centralized building monitoring system.

According to Milbrandt, the building is a Category 4 Hurricane-rated facility. “We’ll be able to park our boats underneath the building,” he said. “Currently, our boats are stored at the Gavin site, which requires us to move them every time we need to take them out on the water. Now, we’ll be able to drop them right into Tarpon Bay, which is much less intrusive to Tarpon Bay Explorers and less labor intensive.”

Another unique feature of the new facility is the widow’s walk, an open area located on the top floor of the building. “We’ll be able to bring guests up there and show them a view of Tarpon Bay that’s never been seen before,” said Milbrandt, who noted that they haven’t determined what the

additional covered space located at the top of the building will be dedicated to. “It’s a wonderful view... very inspiring.”

Once the new facility is open, the old lab facility will be demolished.

AJ Martignette, one of the marine lab research assistants, is looking forward to moving into SCCF’s new digs. “I can’t wait to be doing more science and less fixing things,” he said, noting his responsibilities for repairing broken equipment at the lab.

The new SCCF Marine Lab meets all of the objectives identified in the 2012 progress report, which included providing a facility conducive to informal marine education and public outreach.

“For me, this is a once in a career type of thing,” added Milbrandt. “I’ve been a part of the planning process from the very beginning. The new building will be a great asset here.”✪

Program On Gopher Tortoises Held At CROW

by Jeff Lysick

People who reside on or are visiting Sanibel might notice more gopher tortoise activity, especially between the hours of 10 a.m. and noon, as the tortoises are in the middle of their breeding season. Last week at the Clinic for the Rehabilitation of Wildlife (CROW), a 30-minute presentation on gopher tortoises offered some educational and entertaining information about the slow moving, hard shelled reptiles.

On May 29, CROW's Development and Education Coordinator Rachel Rainbolt shared her knowledge of gopher tortoise anatomy, habitat and range, what they eat and why they are frequent visitors to the animal hospital. She also brought along the clinic's most famous animal ambassador, Shelldon, a gopher tortoise estimated to be between 30 and 40 years old.

According to the Florida Fish & Wildlife Conservation Commission (FWC), gopher tortoises originated in North America some 60 million years ago. They can be found in well-drained sandy areas with a sparse tree canopy with abundant low growing vegetation. They feed on grasses, saw palmetto berries, fruits and prickly pear cactus as well as other succulent vegetation.

"Over the course of a millennia,



Rachel Rainbolt with Shelldon, an animal ambassador at CROW photos by Jeff Lysick

gopher tortoises have evolved so that their ribs have become their shell," said Rainbolt, who noted the external anatomy of these tortoises includes an upper shell (called the carapace), a lower shell (called the plastron) and a set of front feet (called the forefoot) and back feet (called the hind foot).

According to Rainbolt, female gopher tortoises are slightly larger than males. They average between 25 and 30 centimeters in length and weigh an average of nine pounds. "Sexual maturity is reached at approximately 15 to 20 years and they can live to be over 75 years old," she added.

Between April and June is gopher



A gopher tortoise grazing on the grounds of CROW

tortoise breeding season, and their eggs will incubate for a period between 80 and 100 days. That means that newborn hatchlings will begin to appear sometime between July and September.

"Hatchlings are one to two inches long and they start burrowing shortly after emerging from their egg, or they will temporarily use their parents' burrow," said Rainbolt. "Their soft shells render them vulnerable to predation for the first seven years of their lives."

During her lecture, Rainbolt explained that gopher tortoises are excellent burrowers, digging a nest pit that will range up to 40 feet in length

and between 10 and 15 feet in depth. One tortoise can dig up to six feet of soil every day. They spend 80 percent of their lives inside their burrows, with the remaining time spent foraging for food or in search of a mate.

Because gopher tortoises share their burrows with other animals – including rabbits, opossums, rats, snakes, frogs, insects and burrowing owls – they are considered a keystone species. They have also been recently uplisted as a threatened species by the FWC.

The most common causes for gopher tortoises to be brought for

continued on page 29



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Cathy Cameron shows the Girl Scout Troop how to make steampunk jewelry

photos provided

Library Staffers Teach Girl Scouts About Games

Sanibel Public Library staffers Cathy Cameron, Betsy Eidem and Wendy Lambrix helped the girls in Troop 200 earn an arts and crafts badge last month. Troop 200 is a combined Daisy and Brownie Troop made up of first through third graders who attend The Sanibel School. As part of its community outreach mission, library staff taught the girls about the history of women and gaming in the United States, and also taught jewelry making.

Eidem said starting in the late 1800s, women hosted other women in their homes to play parlor games like mahjong or card games. Eidem showed the girls antique tally or score cards, and the girls learned how to make bridge mix as a snack. Cameron led a lesson creating steampunk jewelry. Steampunk combines recycling vintage hardware, mixing Victorian, sci-fi and mechanical designs.

The library Summer Reading program is open to babies, preschoolers, children and teens. Program participants will receive a special gift (quantities are limited). Logging reading time and activities can be done via paper or online with Beanstack; a link is on the children's page at www.sanlib.org.

City Attorney To Step Down

by Jeff Lysiak

For the first time since 2002, the City of Sanibel will be looking for a new city attorney.

Ken Cuyler, who joined the city 16 years ago, announced that he will be stepping down from his current position next month. In a letter to members of the Sanibel City Council dated May 11, Cuyler expressed his intention to resign his post as city attorney effective July 11.

"My current plan is to resign/retire at the end of work on Wednesday, July 11, 2018 and this notice is for the purpose of complying with that contractual requirement," Cuyler's letter reads, in part. "This schedule will allow me to be available for the council's June 5 and Monday, July 9 council meetings, as well as the planning commission's Tuesday, July 10 meeting."

Cuyler also noted that his 60-day prior written notice is not technically a resignation letter.

"Although I see nothing that would alter my current plan to resign/retire

on July 11, my resignation will not be effective until I provide a separate written resignation letter to the city council on, or effective as of, the specific date of my resignation," he explained.

Additionally, Cuyler said that he would be available to assist the city in its search for a new attorney.

During Tuesday's meeting, Mayor Kevin Ruane told his fellow council members that the city should immediately put out a RFQ (request for quotes) in its search for a new city attorney and that it might consider subcontracting with a law firm to serve Sanibel on an interim basis until a new attorney has been hired. Ruane also suggested that the basis of a job description needs to be created, and that he would reach out to the Florida League of Cities, who could provide a description of city attorneys from cities of similar size.

Councilman Jason Maughan asked Cuyler if he would be available following his resignation date for consultation. Cuyler replied that while he will remain in the area, he has no plans to continue providing any legal services. Maughan also suggested that any candidate should be well versed in land use



Wendy Lambrix and Betsy Eidem

Family Storytime for babies up to age 5 is held at 11 a.m. on Wednesdays at the library. On Fridays in June and July, stop by the library at 2 p.m. to sing along with family-friendly musical movies. At 3 p.m. on Wednesday, June 13, herpetologist John Storms returns to the library to entertain and inform with real live reptiles, big and small. John Storms World of Reptiles program is for ages 5 to 11; no registration required.

Sixth through 12th graders are invited to VIP After-Hours gatherings on Tuesday evenings in June and July from 6 to 7 p.m. All VIP evenings feature snacks and games. On June 12, the group will decorate cupcakes.

Weekly children's events are listed on the library's online calendar.



Olivia Kauffold with antique tally cards and bridge mix

An upcoming program for adults, Libby App and A-to-Z World Food, will be held on Friday, June 15 from 9 to 10:30 a.m. Stop by the library for a donut and learn about library services. This Doughnuts & Databases session will cover tips and tricks of using Libby eBook App. Libby is OverDrive's new easy-to-use eBook and audiobook app. Bring your e-reader device for the session; no registration required. The library's tech staff will also review the A-to-Z World Food resource. With thousands of international recipes, hundreds of fascinating culture and ingredient articles, A-to-Z covers international cuisine, from Albanian byrek to Zimbabwean matemba.

For more information, call 472-2483 or visit www.sanlib.org.

development law and municipal law.

"I'm sorry to see you leave," island resident and planning commission member Karen Storjohann told Cuyler during public comment. "You've been a valuable asset to the city... you will be sorely missed."*

From page 8

Council

equipment) – is \$4.25 million.

In other business, council unanimously approved a five-year lease agreement between the city and operators of the Sanibel Island Farmers Market, from October 1, 2018 through May 31, 2023. As part of the agreement, dogs will no longer be permitted within the sales vendor area of the weekly market, which is staged on city property. That decision was made based upon the recommendation of the city's legal department after one person attending the market was bitten by a dog.

Ruane called the prohibition of dogs at the community-friendly function "unfortunate," and that enforcement of the canine ban will take "a team effort" in order to educate the public.

Smith questioned what the impact

of this policy would have upon other functions staged on city-owned property, while Councilman Chauncey Goss asked about what would be the limits of the city's liability in such cases. After some additional discussion, the council agreed to bring the item back for more debate on a future agenda.

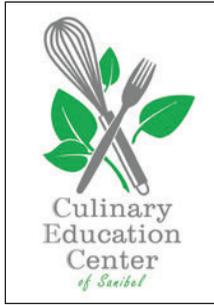
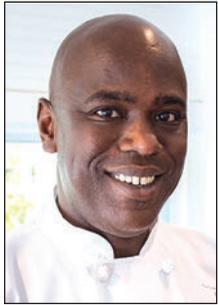
"I'm reasonably suspicious that the public may want to discuss a policy issue like this," added Councilman Jason Maughan.

Also during Tuesday's meeting, four Employee Dependent Scholarship Program awards were presented to the children of city employees. Receiving scholarships were Jacob Crandon, son of Lt. Frank Crandon of the Sanibel Police Department; Amber Schweitzer, daughter of Stephen Schweitzer of the city's public works department; Hailey Upchurch, daughter of Jocelyn Upchurch-Hawkins of the city's finance department; and Alyssa Vetter, daughter of Holly Vetter of the city's building department.

In addition, William Dalton, Jr., son of Chief William Dalton, Sr. of the Sanibel Police Department was awarded a sponsorship to attend the 2018 Junior Sailing Summer Camp at Captiva Island Yacht Club.*

The Community House

Arugula



by Resident Chef Jarred Harris

Arugula is a vegetable widely used in the culinary world. Not only is it tasty, it's very good for you. It has a unique peppery flavor that adds a wonderful dimension to salads, soups and sandwiches. It is also known by other names such as salad rocket, roquette, rucola, rugula, garden rocket and colewort. The scientific name of arugula is *Eruca sativa*.

Arugula is native to the western Mediterranean region and is found growing wild in Portugal, Spain, Morocco and Algeria. Its been used in these countries since the first century, for medicinal purposes. Ancient Romans believed the herb was a natural aphrodisiac or sexual stimulant and used the seeds as well as the leaves to make tonics and love potions.

British colonists brought arugula to America and used it strictly for medicinal

purposes. In fact, arugula didn't become a culinary ingredient until the mid-1990s and since then, it has become a staple in Italian and vegan cookery.

Arugula is a member of the Brassica family and related to broccoli, cauliflower, brussels sprouts and cabbage, all of which are high in dietary fiber and contain cancer fighting properties. Arugula has high amounts of vitamin C, B-6 and K. It also contains thiamin, niacin, riboflavin and is full of the minerals phosphorous, copper, manganese, potassium, calcium and iron.

I love this vegetable because of its versatility, and it's easy to grow year-round. It can be used as a base for pesto or cooked as a vegetable. Here is a recipe for a simple salad you should try.

Arugula Watermelon and Feta Salad

serves 4
Ingredients
 8 ozs. baby arugula
 4 ozs. feta cheese
 4 thick slices of watermelon (rind removed and cut into cubes)

Dressing
 ½ cup basil (shredded)
 ½ cup mint (roughly chopped)
 ½ cup olive oil
 ½ lemon (juiced)
 2 tblsp. honey

Method
 Arrange the arugula on a platter. Place the watermelon and feta on top of the arugula. Sprinkle the mint and basil over the salad.

Place the olive oil, lemon and honey in

a bowl and whisk. Pour over the salad.

*Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

String Trio To Perform At Shell Point

Shell Point Retirement Community kicks off its 2018 Summer Concert Series with a performance by Southwest Florida Symphony's Southwest Florida String Trio in the Grand Cypress Room at The Woodlands at Shell Point on Wednesday, June 13 at 7 p.m. The concert is open to the public. Tickets are \$20 and will be held for pick-up at will call on the night of the performance.

The Southwest Florida String Trio will perform an array of musical selections from great composers such as Bach, Vivaldi, Schubert and Piazzolla, in Baroque and Beyond, Part II. Concertgoers will be introduced to insightful background on each composer and will have an opportunity to meet with the musicians following the concert.

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For more information or tickets, visit www.shellpoint.org/concerts or call 454-2067.*

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Mike Arnone plays on Wednesday. On Thursday, it's Woody Brubaker.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.**

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Book Review

The Flight Attendant



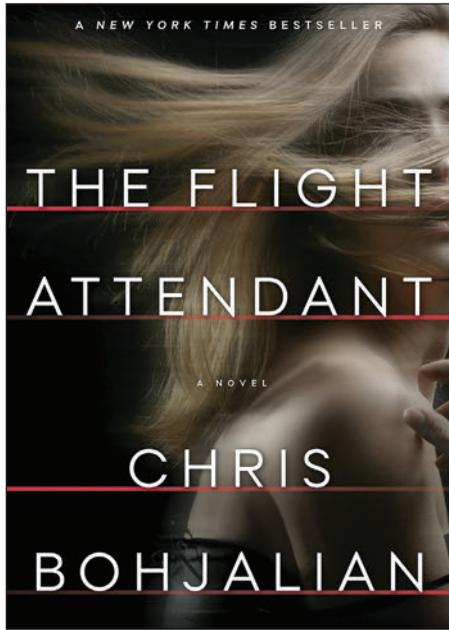
by Di Saggau

Talk about a killer opening. *The Flight Attendant* begins with Cassie Bowden, no stranger to hungover mornings and random hookups, waking up in Dubai thinking about a passionate

night spent with a hedge fund manager named Alex, whom she met on the flight from New York. She turns to look at Alex in bed beside her and sees blood, a lot of it. His throat has been cut. Cassie has black outs so she doesn't know if she killed Alex, or if someone else did.

Cassie is a binge drinker, her job with the airlines makes it easy to find adventure and numerous one-night stands. She's a single woman in her 30s, alone in a hotel room far from home. She has to figure out how to leave the room and walk back to the hotel where her flight crew will be getting ready for their ride to the airport. Afraid to call the police, she begins a series of lies. She lies on the way to Paris where she works the first-class cabin. She lies to the FBI agents in New York who meet her at the gate. She lies to her sister and is tormented by a question she can't answer due to her blackout. Did she kill Alex?

As her memory improves, Cassie



remembers another woman visiting the hotel room. On a flight to Rome, she spots that woman. Cassie is not an admirable character by any means; she does some really stupid things, including ignoring her lawyers advice. She is an interesting flawed-character, and it's hard to put down this international thriller.

The Flight Attendant unveils a spellbinding story of memory, of reckless self-disregard and of murder far from home. Author Chris Bohjalian writes with vivid characters and locales, and he does his research into the world of airline work. This is a rare thriller where each chapter makes you think, "I sure didn't see that coming."*



An assortment of historic treasure coin pendants

photo provided

Treasure Coins Make Perfect Father's Day Gifts

Dive in and explore the exclusive collection of authentic treasure coin jewelry at Lily & Co. Jewelers to discover the perfect Father's Day gift. Each piece, created from historic shipwreck coins recovered from the depths of the sea, is one of a kind and guaranteed authentic.

"There is a wonderful selection of pendants dad would be proud to wear," said Dan Schuyler, who co-owns Lily & Co. with Karen Bell. "Search for your piece from the mother lode of the *Atocha* and *Santa Margarita*, part of the 1622 Spanish shipwrecks."

The mother lode of (*Our Lady of*)

Atocha's silver, gold and emeralds was discovered in July 1985, after a team of American treasure hunters searched the sea bed for 16-and-a-half years. The *Santa Margarita* was part of a fleet dispatched to salvage the *Atocha*, but ran aground near the sunken *Atocha*. Its mother lode was discovered in 1980 by Mel Fisher, who attempted to recover treasure from the *Atocha*.

The Lost Galleon collection includes rare high-grade pieces from Ancient Greece, the Roman Empire and sunken shipwreck treasure. Each coin is carefully custom framed into a variety of distinct styles by a master goldsmith.

"It's extremely important the treasure coins are not altered or damaged during the setting process," added Schuyler.

Lily & Co. Jewelers is located at 520 Tarpon Bay Road on Sanibel. For more information, call 472-2888.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,

My first grader had a rough school year and struggled with reading. His teacher suggested that we work on sight words over the summer.

We are both bored with the same way of practicing every day where I show him a flashcard and he must read it correctly three times in a row for us to put it in the "know" pile. Any other suggestions on how to practice sight words?

Carolyn G, Fort Myers

Carolyn,

Practicing sight words can become boring but research strongly reports that rapid recognition of sight words is a key foundation skill that supports the development of reading fluency. Mastering sight words is an extremely important step in becoming a successful reader. A sight word is a word that typically cannot be decoded or sounded out. It must be memorized or figured out by the context of the sentence. This is a difficult task for young readers and it is usually recommended that children memorize these sight words so they are readily available and recognized when children see them in print.

Most schools teach an expanded sight word list from either the Dolch word list or the Frye word list. Both lists have at least 200 words on them. Sight words

are considered to make up at least 50 to 75 percent of reading texts up to the third-grade level.

There are many, many practice activities on the Internet for learning sight words. They are lots of fun for kids and usually include practice sheets that you can print out and use easily.

Sometimes children will be able to learn information more quickly when it is paired with an additional physical action or novel adaptation. Below are some other ideas that do not require a computer and include a physical and/or game-like fun component.

Children see, say and write a word (skywrite, write on arm, etc.)

Hopscotch – write sight words in each square

Beanbag toss – must throw bean bag on specific word

Put sight words on paper dice and play games

Flashlight fun – children shine light on the called-out sight word, read from a whiteboard, blackboard or other display

Word puzzles and scrambled words

Word rings

Sight word Bingo

Typing and texting sight words

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Shell Point Offering Classes On History, Writing

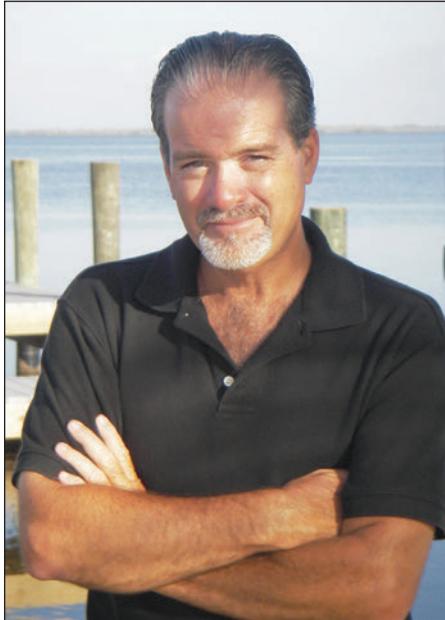


Adrian Kerr photos provided

The Academy of Lifelong Learning at Shell Point Retirement Community will host June Academy classes, which will feature informative discussions on Vietnamese history and successful writing practices. Classes will take place on Monday, June 11; Monday, June 18; and Saturday, June 23.

Vietnam: Its History and Culture will trace the origins of the Vietnamese people and their heritage during a series of lectures, presented by Florida SouthWestern State College Professor Adrian Kerr. The French War, American War, and Present-day Vietnam, will utilize a sequence of photographs to depict how the Viet heritage has produced a vibrant, colorful and unique religion. The series will conclude with Da Nang and the Ancient Capital Hue, illustrating the still-evident divide between the North and South.

The series includes:



Robert Macomber

The French War, American War, and Present-day Vietnam – June 11 at 4:15 p.m.

Da Nang and the Ancient Capital Hue – June 18 at 4:30 p.m.

Shell Point will also present Writers' Workshop: Successful Writing Projects from 1 to 4 p.m. on Saturday, June 23, led by award-winning author and historian Robert Macomber. During the three-hour workshop, Macomber will share tips on how to organize, start and complete a successful writing project. The course will teach guests how to keep a project on schedule, offer ways to edit without angst and provide ideas to inspire memorable writing. Attendees are encouraged to bring a large notepad and a pen or pencil.

Tickets to attend the classes with Kerr are \$10 each, and the writing course with Macomber is \$35. Tickets can be purchased by calling 489-8472. For more information, visit www.shellpoint.org.

From page 25

Gopher Tortoises

medical treatment at CROW, Rainbolt explained, were due to being struck by a vehicle while crossing the road, being orphaned or abandoned, and for other unknown traumas. The wildlife hospital – which treats more than 4,000 animals every year – utilizes many longtime and modern therapies to repair damage to gopher tortoise shells. Orthopedic surgery commonly requires four to six hours of surgery, and if pieces of the shell are missing, a wound vac can be placed onto the injured area to stimulate healing.

“Wound vac therapy can increase the recovery rate up to 80 percent,” noted Rainbolt.

If you see an injured gopher tortoise on the side of the road, Rainbolt advised participants to place the reptile in a box and bring it to CROW. Drivers

should also pay attention to road signs, especially in areas noting gopher tortoise activity.

Later in the program, the audience was introduced to Sheldon, a gopher tortoise brought to CROW in 2015 after it was struck by a vehicle crossing the road. Sheldon suffered permanent damage to his plastron and right forefoot, preventing him from being able to burrow. As a result, he has become one of the clinic's animal ambassadors.

CROW's Patient Profiles presentation on gopher tortoises will be repeated on Thursday, June 7, Tuesday, June 12, Friday, June 15, Thursday, June 21 and Tuesday, June 26 starting at 11 a.m. at the Visitor Education Center, located at 3883 Sanibel-Captiva Road (across from The Sanibel School). For more information, call 472-3644 or visit www.crowclinic.org.



(FROM TOP LEFT) STEVE BROWN, FOUNDER AND CHAIRMAN – AL HANSER, CHERYL GIATTINI, CEO, TERRY IGO.
(BOTTOM LEFT) GEORGE HEISLER, GINNY FLEMING, HANK HUMPHREY, JIM PIGOTT, VIRGINIA STRINGER, CHUCK KETTEMAN.

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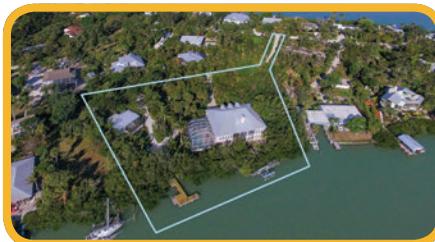
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New General Manager At Vacation Rental Company

Keith McMenemy is returning as general manager of VIP Vacation Rentals (VVR). McMenemy has over 35 years of experience in rental management on Sanibel and Captiva; he managed Sanibel Accommodations for more than six years and was managing partner of VVR for seven years.

"We are very excited to have Keith back as general manager," said VIP's Managing Partner Jim Hall. "He is the most experienced rental professional on the islands and is well respected by his peers." VVR's current general manager, David Schuldenfrei, is retiring after 10 years to focus on real estate sales.

Locally owned and operated with offices on Sanibel and Captiva, VIP Vacation Rentals was founded in 1975 and is the oldest rental company on the islands.*



Keith McMenemy photo provided



Tidewater Bistro owner David Maudlin cuts the ribbon on his new eatery with members of the Sanibel & Captiva Islands Chamber of Commerce photo provided

Chamber Hosts Ribbon Cutting For New Bistro

The Sanibel & Captiva Islands Chamber of Commerce hosted a ribbon cutting for Tidewater Bistro, a new eatery in the former Rosie's Deli spot at 2330 Palm Ridge Road. Owner David Maudlin has worked in and loved the restaurant business all his life.

"After moving to Florida in 1995, I ran and assisted in opening a number of local restaurants," said Maudlin. "In April, I finally launched my own exciting new venture."

The location holds a special place in Maudlin's heart - it was where his parents, Don and Mary Ann, ate dinner nearly every Saturday after church. In their honor, Maudlin has placed the Don's Monte Cristo and Mary Ann's Grouper on the menu. The island-style fare is prepared with fresh and often locally sourced ingredients, such as the shrimp bisque.

Tidewater Bistro has been renovated

with a clean look, offering guests the perfect atmosphere to relax and enjoy a casual meal. "After spending a lot of time in fine dining, I wanted an easy going yet distinct menu," Maudlin said. "Our options appeal to locals, especially families."

The lunch and dinner menu features an array of appetizers, from ahi tuna to gator tail, salads, soups, sandwiches, to tacos and quesadillas. The bar serves beer and wine. Tidewater Bistro is open from 11 a.m. to 9 p.m. Monday to Saturday and closed Sundays.

"We are delighted Dave (Maudlin) has been able to open his own place after all these years," said Chamber President John Lai. "It was our honor to be a part of Tidewater's opening celebration."

The chamber hosts monthly luncheons and after hours for members to have networking opportunities. Its visitor's center has been ranked number one by TripAdvisor and offers visibility for its business members. To learn more, visit www.sanibel-captiva.org or contact Member Services Manager Ashley Gibbons at 472-1080 or ashley@sanibel-captiva.org.



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Easy-living modernized split-plan 3 bedroom on Anchor Drive. Custom kitchen & baths. New plumbing, electric, windows/doors. Sleek cabinetry with many built-ins. Sardinia limestone floors. Screened lanai plus 2 open patios off back bedrooms. Large tropical backyard with dock. Room for expansion/pool. Reduced to \$899,000, furniture negotiable



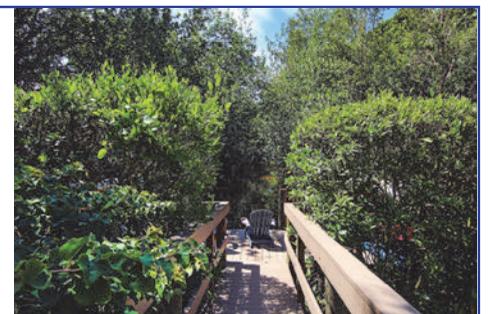
East-End Pop-Up With Deepwater Access

Large dock with 2 boat lifts on protected Lighthouse Way canal. Solid concrete-block home built in 1974, popped up in 1995. Updated again since 2013 with new windows/doors & more. Central great room with two large bedrooms & baths downstairs. Entire 2nd floor with canal-side balcony holds large 3rd suite.
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\$274,000 furnished



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New Law Office Opens On Sanibel



David M. Platt photo provided

David M. Platt, a Sanibel attorney since 2003, has announced the formation of David M. Platt, PA, a new law office located at 2427 Periwinkle Way, Suite B on Sanibel.

Platt has over 35 years experience as an estate planning and business attorney. He concentrates his law practice in the areas of estate planning and administration, probate litigation, pre- and post-nuptial agreements, real

estate and business entity formation. A Sanibel resident, Platt frequently speaks and writes on estate planning and business matters for financial planners, accountants and attorneys, as well as the general public. He is an adjunct professor of law at the Michigan State University College of Law, and is the author of several publications.

In addition to the Sanibel office, Platt will maintain offices in Bonita Springs and Lansing, Michigan.✪

Financial Assistance For Youth Programs

The City of Sanibel Financial Assistance Program helps financially eligible Sanibel and Captiva residents and island workers so their children can attend youth programs at the Sanibel Recreation Center in a supervised, safe, friendly environment. Individuals may apply for assistance for the youth after school program, fun days, holiday camps, summer camp, youth basketball, babysitter training camp, volleyball camp and teen camp out programs.

Applicants are awarded financial assistance on a sliding fee scale. The financial assistance committee, in a public meeting, makes an objective award determination upon review of the application packet. The name of the applicant and identifying information are removed from the application when determining the amount of assistance.

Financial awards range from 60 to 80 percent.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✪

Superior Interiors Relaxation At Home



by Marcia Feeney

You may not have considered the interior design of your home as a way to improve your mental state, but you'll be surprised at what a difference it can make. Many people

come home at the end of the day with stress and tension. Your home should be a sanctuary, where your stress is relieved and not a place where it grows. The way you design your home is one of the biggest influencers.

Simply changing your paint color can be an easy and budget-friendly way to promote a positive atmosphere in your home. The color of a room can influence your mood in more ways than you think. The psychology of color is something interior designers consider when determining the paint for a room. Color has the power to revitalize, to soothe, to

inspire creativity and even to stimulate the appetite. You will instantly feel the energy created by a red dining room, as well as the calm evoked by a blue bedroom. Choosing the right color is crucial to setting the tone and purpose of a room.

Another budget-friendly idea to improve the atmosphere of your room is to change your lighting. Bright, harsh lamps and bulbs can cause feelings of sadness and negativity. Natural lighting through windows has a very calming and peaceful effect on our mood, whereas a lack of light and even poor artificial lighting can bring dreariness into a space.

If you have a room that doesn't allow for much natural light, if any, try using light fixtures with softer light bulbs to help. Strategically placed mirrors can also help reflect the natural light around the room.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coincdecden.com.✪

Volunteers Needed For July 4 Parade

The Sanibel-Captiva Independence Day Parade Committee is looking for volunteers to help out with a variety of tasks before, during and after the parade, which will be held on Wednesday, July 4.

For more information, contact Mary Bondurant at 839-3633.✪

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Comfortable island living is found throughout this 2 BD/2 BA plus den home. Convenient island location, easy a bike ride or stroll to many island amenities, including the beach. Come home to a quiet neighborhood and enjoy a lovely breeze with nature views from the large screened back porch. 1717 Atlanta Plaza Drive

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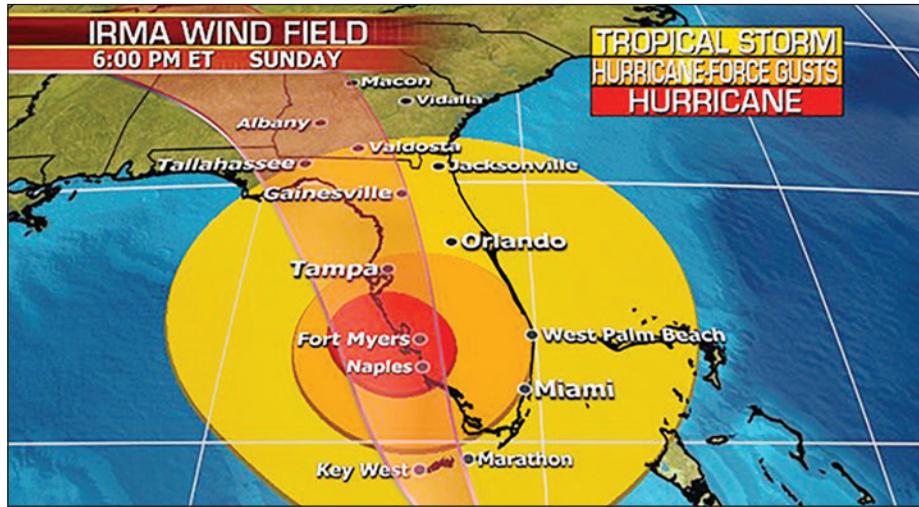
Hurricane Preparedness Seminar June 21

Hurricane season is here again and, on the heels of Irma, should not be taken lightly. Everyone should prepare annually by making an evacuation plan, gathering emergency supplies, creating lists of contacts, medications, etc.

New this year, FISH of SanCap will be facilitating a seminar, Hurricane Preparedness – Are You Ready?, scheduled for Thursday, June 21 from 9 to 10:30 a.m. at The Community House, located at 2173 Periwinkle Way. This seminar is open to the community and will include several speakers discussing the importance of hurricane preparedness.

“We learned a lot from Hurricane Irma and would like to share that with the community,” said Maggi Feiner, president and CEO of FISH. “We would also like to speak toward our Hurricane Preparedness program and what we can do to help before, during and after a storm.”

The FISH Hurricane Preparedness program provides a detailed resource packet full of information on where to go, what to do, and how to prepare in the event of an approaching storm. The program is a collaborative effort between FISH, City of Sanibel officials and emergency management teams to assist with the safety of island neighbors. Each year, FISH and a team of volunteers verify evacuation routes,



Map showing range of Hurricane Irma in September 2017

image provided

flood zones and hotels with generators to update their resource packet. Packets are available to anyone who would like one, and may be picked up at the FISH Walk-In Center or mailed to your home.

“Of utmost importance is the safety of our neighbors. We want to make sure everyone has reliable information on hand in case we get a storm. Just knowing what to pack and where to go can help alleviate stress and confusion during an emergency situation,” said committee chair Sharon Thomas.

FISH Program Director Kathy Y. Monroe noted that FISH maintains a list of those most vulnerable such as the elderly, those with health and medical conditions, and those who are alone.

“This list, our active list, contains detailed information about health

conditions, out-of-state contacts and the individual’s emergency plan,” said Monroe. “Our volunteers can visit with these folks at their home, if requested, to discuss plans. We share information gathered with the individual’s consent, with officials and out-of-state family members should a storm become a concern for our area.”

The FISH Hurricane Preparedness program is not only valuable to residents, but also to their families. When a storm is approaching, committee members gather at the FISH Walk-In Center to reach out to those on the active list, confirm their emergency plans and to make sure they are safe. FISH relays this information to out-of-state relatives, giving them peace of mind that their loved ones

are prepared. Should the islands be evacuated, FISH will, to the extent possible, keep track of those on their active list until their return to Sanibel or Captiva.

FISH Hurricane Resource packets are available at the Walk-In Center, located at 2430-B Periwinkle Way, Monday through Friday from 10 a.m. to 4 p.m. Home visits may be arranged for those who would like more detailed discussion on how to prepare. If you or someone you know would like additional information on the FISH Hurricane Preparedness program, contact Kathy Y. Monroe at 472-4775.

For additional information, visit www.fishofsanap.org.

Battle On The Blueway Race This Saturday

The 4th annual Battle on the Blueway returns Saturday, June 9 to Crescent Beach Family Park, 1100 Estero Boulevard on Fort Myers Beach. The Battle on the Blueway is a competitive race for paddling enthusiasts and includes competitive events for standup paddleboarders (SUPs) as well as kayaks, outrigger canoes and surf skis.

The event is part of the Fastest in Florida and Paddle League race series as well as a World Paddle Association Region 5 sanctioned points race that

continued on page 39

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3832 Coquina Dr.



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Rotary Happenings

submitted by Shirley Jewell



I have been away from writing my Sanibel-Captiva Rotary column for just a few weeks, but it seems like forever. It wasn't a fun vacation that kept me from writing the column or a lack of Rotary activities and speakers; it was knee replacement surgery. In fact, club members have been having a grand old time in my absence. The day of my surgery, May 18, how can I forget that date? They traveled to the Hyatt Regency Coconut Point in Bonita Springs for Rotary District 6960's District Conference, picking up a Hero Level 2018 Governor's Award.

The district conference is somewhat of a big information gathering, along with networking involving new projects in think-tank mode to continuing project reports and planning. To keep it light and entertaining, a conference theme is selected and this year the theme was Be the Hero. Conference emphasis was first placed on the projects and activities district clubs are doing or have done this past Rotary year: July 1 to June 30. District 6960 encompasses over 51 clubs from Palmetto and Bradenton in the north, to Naples and Marco Island

in the south, east to Labelle, Clewiston and Arcadia then to Sanibel-Captiva and Anna Marie Islands. We have over 2,300 members with more being added. Awards were handed out to stand-out performers this year. Our district certainly stepped up after Hurricane Irma and Rotarians from all over the district put their boots on the grounds helping out in Bonita Springs. They also brought together a new pilot program to be tested in Bonita Springs between Habitat for Humanity and Rotary International. The emphasis of this pilot program will be on rebuilding homes in communities of need using the experience of Habitat for Humanity and the man/women volunteer power of Rotary and their resourceful fundraising outreach in these areas.

Not to miss a beat in socializing, on May 19, it was Rotary Night at the Blue Giraffe Restaurant. Following is a review by our own super Rotarian, Roger Triftshauer. What began with Rotarian Bill Letendre offering the Blue Giraffe Restaurant for a 2018 silent auction item for 10 people, then expanding that number to 24, never did the "Chosen 24" envision what an unforgettable evening would transpire.

Thanks to Bill, his wife Lisa, Blue Giraffe Master Chef, son Geoffrey and their cordial and caring staff, the dinner transitioned to perfection. Beginning with our 7 p.m. welcome greetings, the "Chosen 24" were treated to a happy hour of fine spirits of wine, Champagne and numerous beer selections, as well as savory hors d'oeuvres of crab stuffed

mushrooms, pan seared scallops with mango salsa and ceviche with tortilla chips. At 7:30 p.m., we were invited to our pleasantly set and arranged dinner tables, to be seated. Master Chef Geoffrey then announced the gourmet cuisine with (pairings of fine wines), clam chowder (Sauvignon Blanc), Caesar salad (Riesling), and the main entree featuring grilled filet mignon and roasted lobster tail (Cabernet). Dessert delicacies of peanut butter cheesecake or a chocolate brownie with vanilla ice cream and a "splash" of whipped cream topped with a cherry, would be the grande finale for our eatable cravings. Needless to say, we all forgot our maladies and ills, and devoured every morsel of food served us. When we arrived back to our homes, we would all take double doses of our "meds," which we hoped would "kick in" as we slept.

Throughout the entire evening, it was strikingly evident that this first ever Blue Giraffe Rotarian Dinner was a resounding success. The camaraderie, friendship, festive congeniality, and Rotarian fellowship from our opening salutations to our final goodbyes, premiered the entire evening for our "Chosen 24." Sandy Grogman paid tribute in her Thank You note stating, "What a great night you planned for us - amazing food, awesome friends - which made our night so much fun and memorable!!!"

Yes, this was a SanCap Rotary Club night to remember. Importantly, it will be the kick off for our 2019 Rotary silent auction, since Bill Letendre

announced in his email, "Lisa and I are very pleased that our donation was so well received. I hope that it is the first of many such silent auction events at the Blue Giraffe in the coming years." Thanks to the "Chosen 24" who responded to Bill's generous call, the Blue Giraffe event will again highlight "Service Above Self" for our 2019.

Seems there were a few jealous Rotarians after they heard about the fabulous dinner at the Blue Giraffe, so the club decided to have a Rotary Super Happy Hour on May 29 at the Blue Giraffe and have some amazing fun as well. Rotary supplied the appetizers and Rotarians paid for their own drinks. Based on a few of the pictures from this event, everybody was happy.

My apologies to our speakers during the weeks I was absent. I enjoy learning about their organizations and how they contribute to our community with their services, and love spreading the word.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.*

Islander Named To Dean's List

Jonathan L. Skaggs, a resident of Sanibel, was named to the spring 2018 Dean's List at Samford University. Skaggs is a senior musical theatre (BFA) major and attended Evangelical Christian School.*

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Zonta Hosts Regional Board Orientation

submitted by Sue Denham

The incoming board of Zonta District 11, which includes Georgia, North Carolina, South Carolina, Tennessee, Alabama and Mississippi as well as Florida and the Caribbean, held its orientation meeting on Sanibel from May 18 to 21.

Two of this incoming board are members of the Zonta Club of Sanibel-Captiva. Beginning in September, Sanibel member Linda Robison will serve as District 11 governor, and Nancy Dreher will serve as Area 6 director. Area 6 includes seven clubs in Southwest Florida: Fort Myers, Naples, Cape Coral, Bonita Springs, Sarasota, and Punta-Gorda/Port Charlotte, in addition to Sanibel-Captiva.

District 11 board members serve for two years. District 11 is part of Zonta International, a global service organization that for nearly 100 years has promoted and protected the human rights of all women and girls, annually combining thousands of hours of advocacy and service with millions of dollars to improve the legal, political, economic, educational and health status of women worldwide, and reduce the incidence of violence against women.

For more information, visit www.zonta.org.

The Sanibel-Captiva chapter, founded in 1987, provides service, advocacy and funding on the islands and in Lee County



Members of the incoming Zonta District 11 board of directors for 2018-20, who recently assembled on Sanibel, included Linda Robison, incoming District 11 governor (front row, second from left) and Nancy Dreher, incoming Area 6 director (back row, second from left) photo provided

as well as around the world through Zonta International. Seven times in recent years the club has received the prestigious District 11 Governor's Cup, given for excellence in service, advocacy, fundraising and member relations, in competition with more than 40 Zonta clubs.

For more information, go to www.zontasanap.com.

Empowering women is the basis for every club decision, including choice of service projects and annual grants. Through its foundation, Zonta San-Cap

awarded \$105,918 in local grants in January to nonprofits whose work helps empower women, and pledged \$33,000 to Zonta International. These funds represent the proceeds of the annual home tour, A Peek at the Unique. The 18th Peek is set for Saturday, March 16, 2019.

In September, the Sanibel-Captiva club will host the District 11 annual conference, to be held at the Sanibel Harbour Resort, welcoming attendees from throughout District 11.✪

Captiva Community Panel To Meet

The next meeting of the Captiva Community Panel is set for Tuesday, June 12 beginning at 9 a.m. in the Cone Rooms in Chadwick's Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

A proposal for summer research into issues raised by the recent community survey and workshops will be discussed, along with a plan for addressing issues raised by the workshops and survey in the fall.

Among the other agenda items will be an update on possible iguana control measures and a proposed request for county funding to support the ongoing Captiva Code work; an update on the current wastewater alternatives study and a review of planned upgrades to the panel website; plus committee reports and update from other island organizations. Public participation is invited and encouraged.

This year's Captiva Hurricane Seminar will be held at the Captiva Fire Station on Wednesday, June 13 beginning at 3 p.m.

The next Captiva Community Panel meeting tentatively will be held on July 10. Information and background documents are available online at www.captivacommunitypanel.com.✪

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Highlights From End-Of-Year Talent Show At The Sanibel School



During intermission of The Sanibel School's annual Talent Show, held on May 30 in the cafeteria, music instructor Joey Giangreco led the students and guests in a performance of *The Macarena*

photos by Jeff Lysiak



Dancing to Lady Gag's *Americano* were, from left, Helina Lifshatz, Grace Mitchell, Faith Mitchell, Elizabeth Kremenchuker and Emily Kremenchuker



Emcees Tye Robison and Elaina Suslick



Grace Schuldt doing a hula hoop routine



Vanessa Kelly and Jacky Chavez-Santana singing *Lost Boy*



Cole Field playing the National Anthem on guitar



Yuan Bonhayag playing the drums to *House of Gold*



Katie Dunn singing *A Million Dreams*



Danylo Zacharievich playing the violin



Mariia Zacharievich playing the violin



Liam Horvath playing *Layla* on his electric guitar



From left, Kai Schwartz, Joshua Schwartz and Brooks Selby performing *Tear In My Heart*

Award-Winners At International Science Fair



From left, Dahlia Dry, Anna Kucera, Mark Leone, Jackson Windhorst and Luke Long
photo courtesy @EdisonFairs

Finalists from the 61st annual Thomas Alva Edison Kiwanis Science and Engineering Fair participated in the Intel International Science and Engineering Fair in Pittsburgh, Pennsylvania from May 13 to 18. Each competitor had already been granted scholarships to Florida Gulf Coast University for their work and had been recognized at the 63rd annual State Science and Engineering Fair of Florida STEM Competition that ended March 29 in Lakeland.

The Intel ISEF Finalists from the Kiwanis Science and Engineering Fair competed with 1,800 other participants from 81 countries at the week-long event. The five students from the Kiwanis regional science fair that traveled to Pittsburgh included Dahlia Dry and Jackson Windhorst of Fort Myers High, and Anna Kucera, Mark Leone and Luke Long of Canterbury School.

Although congratulations are extended to all of these international STEM Finalists, special recognition goes to Dahlia Dry, Mark Leone and Luke Long.

Dry, a junior and two-time Intel ISEF Finalist, received a Special Award (\$750) from the National Aeronautics and Space Administration (NASA) and 4th Place Category Award (\$500) in physics and astronomy for her project titled

Challenging Limitations: Using Deep Learning, Time Series Analysis, and Statistical Methods for Noise Reduction to Develop an Innovative Approach to Exoplanet Candidate Detection Using Earth-Based Telescopes.

Leone, a sophomore, also received a 4th Place Category Award (\$500) in earth and environmental sciences for his project titled *Insights into the Effects of Tropical Disturbances Hurricane Irma and Invest 92L on the Dynamics of the Phytoplankton Community of the Estero Bay Estuary.*

Long, a junior, won a 1st Place Category Award (\$3,000) in microbiology for his project on microbial fuel cells that was titled *Green Watts: Investigating Power Generation of *Spartina patens* Compared to *Chlorophytum comosum* by Utilizing a Mixed *Shewanella oneidensis* MR-1 Community in a Plant Microbial Fuel Cell (A Novel Fourth Year Study).*

The Fort Myers Kiwanis once again provided critical financial support in underwriting the travel and accommodation expenses of the students to the Florida State Science and Engineering Fair and the Intel International Science and Engineering Fair.

For more information, visit www.edisonfairs.org ✨

From page 35

Blueway Race

will include seven-mile and two-mile races, sprints, a free Calusa Kids Race and a Special Olympics Fun Race. More than 120 paddlers from Southwest Florida, Mexico, Hawaii, Canada and the U.S. attended the 2016 race. The 2017 race was canceled due to weather.

The event is free for spectators, who can see the races from the beach or the pier at Lynn Hall Park.

All non-motorized vessels are

welcome. There will be a demonstration and vendor area for those who wish to try out a paddleboard or surfski.

Pre-registration is required for racers. There will not be an opportunity to register the day of the event. Race entries are \$55 to \$65. There will be a fee to park at the beach. All proceeds will benefit Special Olympics Florida – Lee County SUP Team.

For event information, call Mike Hammond at 707-7981 or 533-7275. Trail information is at www.calusablueway.com or www.leeparks.org/blueway. ✨

Blue Ribbon Classic Tournament



The Sanibel School Fund would like to extend a HUGE THANK YOU to ALL of our Blue Ribbon Partners, Sponsors, Golfers, Attendees, Volunteers and everyone who supported us for our 2018 Blue Ribbon Classic Golf Tournament at The Sanctuary! Your support and involvement makes this event possible AND enables us to invest in the future of our children and our community by funding The Sanibel School Spanish, STEM and new Business Leadership Programs. Looking forward to seeing you all on the links again next year!

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Will Power

Acting In Concert



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Did you ever wonder where the phrase “acting in concert” comes from? It may have originated from the Old Italian word “concerto” meaning “agreement, harmony” which sounds very nice. You would hope that two people who have to decide things together would do so collegially and with mutual consensus on the issues.

But the phrase may also have originated from Vulgar Latin “concertare” meaning “to settle by argument, debate or to separate – decide by fighting.” This definition suggests an adversarial process to reaching an agreement.

Which brings me to today’s estate planning topic – how many cooks should you have in the kitchen when creating your estate planning documents? Normally, when spouses have a will or a trust, they name each other as personal representatives (executors), successor trustees or agents under a durable power of attorney or health care surrogate documents.

Who should succeed the surviving spouse when making all of these decisions is where all of the real fun begins.

Many times, parents will name their children to act as their successors. They might name two adult children to make their legal, tax, financial and health care decisions together. They might name them in successive order but in several instances they might want two or more adult children to act together. They expect the children to “act in concert.”

This then begs the question: do both of them have to agree in order to carry out business? Under Florida law, the general answer to that question is “yes.”

And here’s where it gets interesting. What happens if the two parties named in the legal documents can’t stand one another? One says the sky is blue and the other disagrees. There’s no shame in the fact that we have raised children who don’t see eye to eye – that seems to be common among many siblings for whatever reason.

But when you are entrusting your legal, financial and health care decisions to those you love but may not necessarily get along, what should you do? One choice is to clearly name the children in successive order. Indicate who is to act first, then second, then third.

The idea of putting two cooks in the kitchen at the same time isn’t always a bad one, however. One child might be good with financial aspects but might be impulsive. Another child might temper the impulsiveness of the first. So even if they butt heads on occasion, naming two very different siblings to act together might actually lead to better decisions.

When choosing two or more individuals to serve together in these roles, you should first communicate with all of them on what to expect. Tell them that they’ll be working together. Set expectations. You might tell them that while you expect them to debate certain decisions and not see eye to eye on all matters, you are choosing them both because you appreciate and value their different perspectives on things. This kind of a conversation might help them see their differences in a new light, and be more open to one another’s viewpoints.

If, however, you suspect that the bad blood between them may lead to stalemates, then it is a wise idea to impose a third party “tie-breaker.” You might name a close friend, relative or advisor to fill this role, only when necessary. The legal documents can be drawn to anticipate these issues and provide for a means to resolve them.

One type of document is a bit problematic – your Durable Power of Attorney. Under Florida law, you cannot create a “springing” Durable Power of Attorney, meaning that it is only effective if the person holding the one before it can’t act. The Durable Power of Attorney document is valid the minute that you put pen to paper and sign it. Therefore, when you have more than one Durable Power of Attorney, you usually have multiple individuals, all with current authority.

One solution is not to give individual Durable Power of Attorneys, but rather name multiple individuals in one document. While this avoids the multiple individual powers problem mentioned above, it also creates a situation where the incapacity of one of the agents named in the document renders the entire document useless. So that is usually not a recommended course of action.

The bottom line is to carefully consider those that you are naming in positions of authority within your legal documents, and to communicate what you have done and your expectations for when they must act for you. And then hope for the best.

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Be A Hero: Donate Blood On June 16

The United Way Day of Action volunteers encourage you to Be A Hero! Donate Blood! on Saturday, June 16 from 10 a.m. to 3 p.m. United Way of Lee, Hendry, Glades, and Okeechobee, in partnership with Lee Health Blood Center, will be holding the blood drive at the United Way Main Campus, 7273 Concourse Drive in Fort Myers.

There are special incentives for this event such as free United Way Day of Action T-shirts, students receive a volunteer hour credit for school, free food and door prizes. O’Donnell Landscapes, Inc. has made the incentives possible through a generous sponsorship.

A second location in Cape Coral will also be taking blood donations at the Winn Dixie parking lot at 1016 Cape Coral Parkway East. Volunteer heroes can obtain more information and make an appointment by visiting www.unitedwaylee.org/dayofaction.

Summer is a time when there are fewer new blood donors available, therefore, the June 16 Day of Action is a key time to help improve the blood supply. Typically

the number of new donors declines by more than 30 percent during the summer months, but the need for blood does not change. Every two seconds, someone in the U.S. needs blood and a single pint of blood can help save the lives of several people.

To donate blood you must weigh at least 115 pounds, be at least 17 years old, or 16 with parental consent, provide a photo ID if you are a new donor.

United Way Day of Action is an annual June event for United Ways across the country. It is a strategic volunteer program created to help advance the common good on issues of health, education and financial stability of every person in every community.

The United Way Day of Action is organized by the United Way Volunteer Center. The center also organizes Days of Caring, a year-round program, which matches businesses’ desire to help with the needs of the community. Many local groups and companies have participated such as Comcast, Lee Health, Publix, and Wells Fargo.

The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout our community. You can reach the United Way Volunteer Center by calling 433-2000 option 9, or by visiting the United Way website at www.unitedwaylee.org/volunteer.*

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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to Islandsunpoetry@gmail.com. Each week, an individual poem will be showcased.

by Hannah Star Rogers

Legend

Restraint is not the way to describe the look you gave me when a gray rubbery head ascended, looked at you, and then disappeared under the boat. Or was it under the mangroves? Or did it head out into the sea so that the waves camouflaged its departure, Or did it press its snout under your chin and fall fast asleep?

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the Kenyon Review, LA Review of Books, Carolina Quarterly and Southern Women's Review.*

Spring High Tides Bring Mosquitoes

by Dee Serage-Century, SCCF Living With Wildlife Educator

With recent high tides and rains, mosquito season is here... and it could be a doozie! Our population is overwhelmingly saltwater mosquitoes. Having lived on Sanibel for close to 40 years, I have witnessed many changes in mosquito control methods, all for the better.

My first mosquito control experience was a DC3 plane spewing smoke in the sky over my liveaboard sailboat at Jensen's on Captiva. I thought the plane was crashing when in reality it was spewing diesel mixed with malathion to kill flying adult mosquitoes. Thank goodness that does not happen on the islands anymore. The low volume spraying from helicopter or truck used today does not need a mixer like diesel, much better for the environment. Malathion is no longer used because the insects have such a fast lifecycle, they built up resistance to this horrible pesticide.

From my office window overlooking the grass swale behind the SCCF (Sanibel-Captiva Conservation Foundation) Nature Center, I recently saw a mosquito control helicopter spraying the standing water at about 10 a.m. A call to the Lee County

Mosquito Control District (LCMCD) confirmed that the helicopter was treating for mosquito larvae, not flying adults. The product being spread was granular BTI (Bacillus thuringiensis israelensis), which kills only mosquito larvae. It is very environmentally friendly. Low volume spraying is used throughout our mangrove coastal areas these days. Both fish and dragonfly larvae eat mosquito larvae.

Saltwater mosquitoes (*Aedes spp.*) lay their eggs in the soil, not standing water. If the spring high tides that hatch their dormant eggs would stay high, there would be no place for them to lay their eggs. If the rains would completely fill up the interior fresh (brackish) water wetlands, there would be no place for the saltwater

mosquitoes to lay their eggs. It is the wet and then dry cycle that keeps them going.

The yearly cycle has begun and there are adult mosquitoes flying. The first spraying for adult mosquitoes happened on the island during the night of May 31. Have you seen the LCMCD truck that drives around with a huge mesh funnel on top? The adult mosquitoes are wind scooped in and later counted, triggering when the trucks drive through the neighborhoods spraying for the flying adults (only from dusk to dawn). The pesticide used to kill the adults is permethrin. The trucks are low volume sprayers. Does anyone remember the days of trucks fogging out diesel and malathion while children ran behind? What were we

thinking?

Permethrin is a synthetic pyrethrin and is not so good for any insect that flies at night. It is definitely harmful to bees, which thankfully don't fly at night, but do fly pretty early in the morning. Our island beekeepers should pay attention.

As a long time islander, I view mosquito season as my winter, a time to stay inside dusk to dawn. Walks on SCCF trails are on hold for now. Pray for big rains that will keep the wetlands full so the otters will swim up from the Sanibel River and feed on crayfish in the grass swales. The most beautiful mosquito free summers at the SCCF Nature Center happen when rainwater stands in the wetlands winter, spring, summer and fall.*

Celebrate the 28th Annual Independence Day Parade

Wednesday, July 4, 2018 9:30 a.m.

Wild About America

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Entry Fee: Commercial \$30.00 Non-Commercial \$15.00
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◇◇◇ Additional Information?? Contact Trish Phillips at 239-246-2981 ◇◇◇

◇◇◇ **Mandatory Parade Participant Meeting on Friday, June 29, at Bank of the Islands** ◇◇◇
(10:00 am or 5:00 pm)

👕 **Make Sure to Pick Up Your 2018 Parade T-Shirts at Bank of the Islands** 👕

2018 Parade Categories

Best Float – Commercial	Best Float - Not-for-profit	Best Float - Family
Best Float - Small Entry	Best Salute to the U.S. Military	Most Patriotic
Best Nature Theme	Best Original Design	Best Music

Entries must be returned (with payment) BEFORE Monday, June 25, 2018

Register Early for Best Starting Position in Parade! Registration Date is the First Determining Factor in Entry Positioning

Parade Entry Form **Return with Check** **"No water to be sprayed by parade participants"**

Name of Business or Organization: _____

Contact Person: _____

Mailing Address (required): _____

E-mail Address (required): _____

Daytime Telephone Number (required): _____

Number of Participants: _____

🎵 Music 🎵 Music

Live? (Yes) ___ or (No) ___ Boombox or Amplifier? (Yes) ___ or (No) ___

Other? _____

Physical Description of Float (Ex: P/U Truck w/8' trailer, Bicycles, golf cart, walking): _____

Name Email & Phone # of Person Attending Meeting on 6/29: _____

Line up the Day of the Parade will be between 8:00 am and 8:30 am on Island Inn Road
(Entries arriving after 8:45 am will be placed at the end of the Parade line up)

 FRIDAY Sunny High: 86 Low: 79	 SATURDAY Partly Cloudy High: 87 Low: 80	 SUNDAY Mostly Cloudy High: 90 Low: 82	 MONDAY Few Showers High: 87 Low: 80	 TUESDAY Few Showers High: 90 Low: 82	 WEDNESDAY Few Showers High: 86 Low: 79	 THURSDAY Few Showers High: 89 Low: 81
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	9:53 am	2:51 am	10:02 pm	4:03 pm
Sat	10:22 am	3:34 am	11:22 pm	4:59 pm
Sun	10:52 am	4:13 am	None	5:50 pm
Mon	12:34 am	4:50 am	11:23 am	6:38 pm
Tue	1:40 am	5:24 am	11:58 am	7:26 pm
Wed	2:44 am	5:56 am	12:36 pm	8:15 pm
Thu	3:46 am	6:28 am	1:18 pm	9:05 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	8:58 am	2:53 am	9:07 pm	4:05 pm
Sat	9:27 am	3:36 am	10:27 pm	5:01 pm
Sun	9:57 am	4:15 am	11:39 pm	5:52 pm
Mon	10:28 am	4:52 am	None	6:40 pm
Tue	12:45 am	5:26 am	11:03 am	7:28 pm
Wed	1:49 am	5:58 am	11:41 am	8:17 pm
Thu	2:51 am	6:30 am	12:23 pm	9:07 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	9:16 am	2:56 am	9:18 pm	3:42 pm
Sat	9:50 am	3:32 am	10:31 pm	4:36 pm
Sun	10:26 am	4:07 am	11:44 pm	5:33 pm
Mon	11:08 am	4:48 am	None	6:30 pm
Tue	12:44 am	5:39 am	11:51 am	7:25 pm
Wed	1:37 am	6:36 am	12:32 pm	8:20 pm
Thu	2:35 am	7:34 am	1:14 pm	9:15 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	12:03 pm	6:07 am	None	7:19 pm
Sat	12:12 am	6:50 am	12:32 pm	8:15 pm
Sun	1:32 am	7:29 am	1:02 pm	9:06 pm
Mon	2:44 am	8:06 am	1:33 pm	9:54 pm
Tue	3:50 am	8:40 am	2:08 pm	10:42 pm
Wed	4:54 am	9:12 am	2:46 pm	11:31 pm
Thu	5:56 am	9:44 am	3:28 pm	None

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Center 4 Life Scheduled Facility Maintenance Closure – The Center 4 Life will be closed from Monday, June 4 to Friday, June 8 in order to complete numerous maintenance projects. The facility will reopen and activities will resume on Monday, June 11. Some of the projects include repairing and replacing kitchen flooring, roof repair, deep cleaning and painting of the facility. All of these projects have been scheduled during this time in an effort to minimize the inconvenience to our patrons.

The Sanibel Recreation Center offers 35 land and water fitness classes each week which are included in your Sanibel Recreation Center membership. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.

Donations Needed for the Trash & Treasures Sale – Clean, gently used items are needed for the annual Trash & Treasures Sale. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. A tax deductible receipt will be provided for your donation. Books, clothing, shoes, computers or old TVs cannot be accepted. If you have any

questions, call 472-5743.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list, and wish to be, email ocean@comcast.net or contact the center.

The featured book for Wednesday, June 13 is *Grapes of Wrath* by John Steinbeck. The movie will be shown at 12:30 p.m. followed by the book discussion at 2:30 p.m. Bring your own lunch.

Leisure Lunchers Trip to Cip's Place – Tuesday, June 19. Cip's Place is home to Sanibel and Captiva's wall of island faces. The mural was painted by two local artists and depicts many of the islands' most well-known people who helped mold the islands into what they are today. The group will be joined by one of the artists, Tim Macko. Separate checks will be provided. Limited seating available. Advance registration is required.

Sunset Social Hawaiian Luau Party on the Causeway – Tuesday, June 26 at 6:30 p.m. Spend an evening relaxing and watching the sunset with friends. Meet on the causeway at 6:30 p.m. Food will be served at 7 p.m. Bring a side dish to share and your beach chair. Contact the center if you are interested in participating and for directions to the viewing area (weather permitting).

Gelli Printing with Bea Pappas – Fridays, June 15, 22 and 29. Cost is \$20 for members and \$25 for non-members. Beginners welcome.

You can do monotype or make papers for collage use. Supplies needed: paper towels, acrylic paints, water container and one-inch brush. The

instructor will provide all other supplies.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:00 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays – June 12 and 26 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises,

core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

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Decorate your vehicle to win a prize at this year's Road Rally photo provided

Sign Up Early For July 4 Road Rally

This year's Sanibel-Captiva Optimist Club 4th of July Road Rally will follow the parade theme, Wild About America. It will be held on Independence Day, Wednesday, July 4 beginning at noon.

It's not too soon to get your crew together and to fill out and send in your Road Rally registration form, available at Bailey's General Store, Sanibel Captiva Community Bank, the Sanibel Café, in local newspapers, at the starting line or from the club's website www.sancapoptimist.org.

As usual, all vehicles will be ranked at the finish by points awarded for the most correct answers to the Road Rally questions based on sights seen along the designated route, for a finishing time closest to the committee's calculated times, for the distance driven closest to pre-determined route distance, and extra points for other answers. Clues to extra credit answers

will be published in local newspapers in the weeks prior to the event. Significant prizes are awarded to the winners.

Each year, the Road Rally committee selects and discloses its choice of the Best Decorated Vehicle entered in the contest.

Starting times, following the end of the parade, are every two minutes starting at noon from the parking lot at The Timbers Restaurant, located at 703 Tarpon Bay Road on Sanibel. Early registrants can select their starting time by calling Randy Carson at 699-8739.

The proceeds from this fun and challenging activity are used to support the club's six college scholarships and many other benefits for local youth.

Sponsors are still needed for this year's rally. Sponsors names will be displayed on participants' vehicles and in local newspapers.

Further information to become a sponsor or for participants is available on the website or by calling Randy Carson at 699-8739, Richard McCurry at 292-4631 or Dani Howard at 472-0836.*

Wear Purple On Elder Abuse Awareness Day

World Elder Abuse Awareness Day is honored each year on June 15. The Area Agency on Aging for Southwest Florida (AAASWFL) is asking the community to wear purple on that day to raise awareness of elder abuse, neglect and exploitation.

"We associate the color purple with dignity, respect and royalty," said Sherry Young, AAASWFL elder abuse prevention coordinator. "And those are often the same words we use when describing how to treat our elders. Wearing purple on World Elder Abuse Awareness Day is another reminder of how we need to treat our seniors with respect and dignity."

Elder abuse impacts millions of people around the world each year. The National Council on Aging estimates that one in 10 Americans age 60 and over have experienced some kind of elder abuse, and the U.S. Administration for Community Living states that older Americans lose an estimated \$2.6 billion annually due to financial abuse and material exploitation. Other forms of include emotional or psychological abuse, neglect and self-neglect, and physical and sexual abuse.

AAASWFL provides informational seminars on elder abuse recognition, prevention, and reporting. To schedule a presentation for your group, call the AAASWFL Helpline at 866-413-5337 (866-41-ELDER).*

ISLAND SUN BUSINESS NEWSMAKERS

Kingfisher Real Estate



Valerie Tutor



Mary Bondurant

The top producers at Kingfisher Real Estate for the month of May were: Valerie Tutor, top listing agent; and Mary Bondurant, top sales agent.*

John Gee & Company

Realtor Bobbie McGlynn was named the top sales associate for John Gee & Company for the month of May.*



Bobbie McGlynn

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The Most Important Pitch In The Life Of White Sox Reliever Danny Farquhar



by Ed Frank

It's been called "the greatest pitch of his life," but more importantly, it transcends sports. It's the miraculous story of Chicago White Sox relief pitcher Danny Farquhar, who returned last week to the Sox's Guaranteed Rate Field six weeks after suffering a life-threatening brain hemorrhage in the White Sox dugout to throw out the game's ceremonial first pitch.

No question the quick-thinking response by White Sox trainers and medical personnel who responded immediately before an ambulance arrived to speed Farquhar to Rush University Medical Center played a vital role in saving his life.

The near-tragic incident reminded this reporter of a somewhat similar occurrence here at the Lee County Sports Complex several years ago. But we will get to that later.

Should you have not read about Farquhar's harrowing experience, let me review what occurred: Farquhar is a journeyman relief pitcher who has toiled for four different teams in seven Major League seasons after being drafted by the Toronto Blue Jays in 2008. On April 20, he had faced four Houston Astros hitters in the sixth inning after which he collapsed in the White Sox dugout.

At first, White Sox trainers and medical personnel thought he suffered a seizure, but when he was unresponsive, he was administered oxygen until an EMT crew arrived and sped him to Rush Medical. There he underwent emergency brain surgery and remained in ICU for two and a half weeks. He said he doesn't remember anything from the time he walked to the bullpen before the game on April 20 until he awoke in ICU five days later.

Obviously, White Sox players were shaken by the incident, but were relieved and thrilled to see him back to the ballpark with this wife and three children last week. He also was accompanied by his surgeons and medical personnel from Rush Medical Center.

Farquhar hopes to pitch again in the Major Leagues, but he knows nothing

is guaranteed. He has resumed some light workouts, but won't pitch again this season.

He grew up in Florida where he attended Archbishop Edward A. McCarthy High School in Southwest Ranches, Florida. He later played for the University of Louisiana-Lafayette in the Sun Belt League.

Throughout his career, Danny Farquhar has thrown thousands of pitches, but none more important than the ceremonial pitch he threw last week.

Farquhar's near-fatal hemorrhage brings to memory an occurrence here several years ago when Sanibel resident Max Friedersdorf had taken a friend to a Minnesota Twins Spring Training game. They were rushing to their car in the midst of a downpour when the friend collapsed near the Twins' Minor League training facility in the Lee County Sports Complex. A passerby raced inside the facility summoning help and a Twins trainer was on the scene within minutes to apply emergency medical care until an ambulance arrived.

These two incidents are proof that sports medicine can be a lot more than tending to a sprained ankles.

Florida Everblades On The Cusp Of Kelly Cup Championship

As we write this column early this week, the Florida Everblades hockey team needed just one more victory to win the ECHL championship and lay claim to the league's Kelly Cup. The Everblades held a three-games-to-two advantage over the Colorado Eagles with Game Six being played Wednesday night in Loveland, Colorado. If a seventh game is necessary in the best-of-seven championship series, it will be played here Saturday night in Germain Arena at 7 p.m.

Florida skated to a 5-0 victory last Saturday in Colorado when Goalie Martin Ouellette stopped all 24 Eagles shots on goal to give the Everblades the 3-2 series lead.

The Everblades last won the Kelly Cup in 2012.✪

SPORTS QUIZ

1. In 2016, the Dodgers' Julio Urias became the youngest postseason starting pitcher (20 years, 68 days old) in major-league history. Who had been the youngest one?
2. David Cone, Pedro Martinez and David Wells all tossed a perfect nine innings in a major-league game. Who of the three had the most career regular-season victories?
3. Donnel Pumphrey of San Diego State set a new record in 2016 for most career rushing yards (6,405 yards). Whose record did he break?
4. Who was the first athlete from the Dominican Republic to play in the NBA?
5. The Vegas Knights set a record in 2017-18 for most regular-season road wins by an NHL expansion team (22). Which team had held the mark?
6. Which Major League Soccer teams have won back-to-back MLS Cup championships?
7. In 2018, Germany's Kristina Vogel won her 11th women's world cycling title. Who else has won 11 times?

ANSWERS

1. Bret Saberhagen was 20 years, 175 days old when he started in 1984. 2. Wells had 239 victories, Martinez's Ron Dayne, who rushed for 6,397 yards (1996-99, when bowl statistics were not included). 4. Tito Horford, with the Milwaukee Bucks in 1988. 5. The Mighty Ducks of Anaheim, with 19 road victories in the 1993-94 season. 6. DC United (1996-97), Houston (2006-07) and the Los Angeles Galaxy (2011-12). 7. Australia's Anna Meares.

Recreational Red Snapper Season Begins June 11

The recreational red snapper season will start June 11 in gulf state and federal waters and remain open through July 20, closing July 21. This year and next year are unique compared to previous years in that Florida's gulf recreational red snapper season applies to harvest from both state and federal waters.

Anglers fishing from private recreational boats will need to have their recreational saltwater fishing license (unless exempt) and will need to have Gulf Reef Fish Angler on their license (includes those that are exempt) to target red snapper or other certain reef fish in gulf state and federal waters (excluding Monroe County). You can get this printed on a license at no cost at www.gooutdoorsflorida.com or by visiting any location you can purchase a license.

For-hire operations that do not have a federal reef fish permit may also participate in this 40-day season but are limited to fishing for red snapper in state waters only. These operations

must have State Gulf Reef Fish Charter on their license to target red snapper and other reef fish in gulf state waters (excluding Monroe County). This can be done at no cost at a local tax collector's office.

The Florida Fish and Wildlife Conservation Commission (FWC) has also partnered with Snook and Gamefish Foundation on a new smartphone app specifically for voluntary reporting of red snapper catch information. This app will be available soon on your phone's app store by searching for iAngler Gulf Red Snapper for private anglers or iAngler Gulf Red Snapper Charter if you are a charter operation. Using the app is important because it will help the commission test real-time data collection.

To learn more about the 40-day recreational red snapper season in gulf state and federal waters, including season size and bag limits, visit www.myfwc.com/snappers.

The federal season for for-hire operations with federal reef fish permits is June 1 through July 21.

Federal fishery managers are in the process of collecting input for a season in Atlantic federal waters. Learn more at www.serono.nmfs.noaa.gov.✪

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Homeshoolers Prepare Tastes Of Thailand

Homeshooled students explored the culinary treasures of Thailand recently during the last cooking class of the season at the Culinary Education Center of Sanibel. Led by Resident Chef Jarred Harris, they made spring rolls, summer rolls, chicken satay, and mango ice cream with banana spring rolls with coconut caramel sauce. The youngest student was 6 years old.

They all helped each other, and learned how to measure, fry, grill and combine ingredients into a tasty meal. As usual, there were no leftovers.

Regional cooking will be featured this fall at the Culinary Education Center of Sanibel at The Community House. For more information, call 472-2155.*



Ava Kupsaw, 6, was the youngest chef in the group photos provided



From top left, Jackson Sprecher, Jonah Costa and Lily Hall preparing pot stickers



From left, Sam Kupsaw, Heidi Hall and Addison Sprecher stuffing Thai spring rolls



Heidi Hall and Addison Sprecher grilling chicken for the satay



From left, Heidi Hall, Jonah Costa and Sam Kupsaw assembling pot stickers



Ava Kupsaw and Lily Hall sampling their mango ice cream

Doctor and Dietician

Memory Lapses



by Ross Hauser, MD
and Marion Hauser, MS, RD

When we are in our 60s, our body is not like it was in our 20s. We're not as flexible, strong or fast as we used to be. Time may also affect the brain. Memory slips are aggravating, and even worrisome, because they trigger fears of possible dementia. Brain cell synapses that make and pull up memories change as we age, so do the proteins and hormones that maintain our brains. But most people remain alert and able as they age, even though it may take longer to remember things.

Memory problems and forgetfulness may be caused by reversible factors, unassociated with age. Lack of sleep is one of the biggest factors causing forgetfulness, memory problems and anxiety. Medications, like tranquilizers and blood pressure drugs, can affect memory and cause sedation and confusion. An underactive thyroid can interrupt sleep and cause depression. And stress and anxiety make it difficult to concentrate. Vitamin B12 is vital to brain functioning, so a lack could cause memory issues. Even not drinking enough fluids can make a difference.

For memory upkeep, it's important to practice healthy habits that improve brain

function, like getting physical exercise, eating a healthy diet of fresh foods, not smoking, being social and challenging the brain by trying new things. Think of your brain like a muscle – use it or lose it. Stay involved in activities that stimulate both the mind and body. Play games, learn a foreign language or a new instrument, and do projects that require planning.

If memory lapses are affecting your daily life, it's worth talking to your doctor to rule out anything serious. But if any of these reversible causes are at the root, getting more sleep, switching a medication, reducing your stress and challenging your brain could get you and your memory back on track.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Yard Sale For Ronald McDonald House Charities

Ronald McDonald House Charities (RMHC) of Southwest Florida is hosting a yard sale in the front parking lot of the Ronald McDonald House in Fort Myers on Saturday, June 23 from 9 a.m. to noon. The house is located at 16100 Roserush Court. Come early for the best selection of clothes, furniture, framed art, toys, crafts, books, furniture, linens, décor, purses, household items and other finds. All proceeds benefit RMHC of Southwest Florida.

For more information, call Amy at 437-0202 or visit www.rmhcswfl.org.*

LCEC Prepares For Hurricane Season

Lee County Electric Cooperative's preparation begins long before a hurricane threatens to make landfall in Southwest Florida. In fact, LCEC works year-round to prepare for storms. One of the ways that LCEC prepares is to have resources needed for restoration by cultivating relationships with power line and tree-trimming contractors, fuel companies, material vendors, food service vendors, other cooperatives and local agencies for back-up resources.

In addition, LCEC's 375-plus employees play a critical role in the restoration plan. Employees put their typical job responsibilities on hold to pitch in during restoration, and work around-the-clock to get power restored for each and every customer as quickly as possible.

LCEC has a detailed restoration plan that outlines priorities of electric restoration during large power outages. LCEC's plan first calls for restoration of essential services such as hospitals, traffic signals, shelters and law enforcement. Next, power is restored to the largest number of customers. The last to be restored are individual services or services that need to be reconnected after repair to their home electrical system.

LCEC does not disconnect power before a storm. The utility lets Mother Nature run her course, and begins to restore power to impacted areas once winds are at a safe level.

How customers should prepare for outages:

Ensure that you have a back-up telephone if you use a cordless or other telephone that is dependent on electricity.

Have a battery-powered radio on hand and a supply of fresh batteries to stay aware of news and other information.

Keep a flashlight and extra batteries handy.

What to do when the lights go out: Help keep LCEC's telephone lines clear for emergency calls. Only call LCEC at 656-2300 to report downed power lines.

Visually check your weather-head (on the roof where your service drop connects to the pole) and your meter box to make sure it is not damaged.

Any damage to your home's electric system must be repaired by a licensed electrician and inspected by a designated agency before power to your home can be restored.

Turn off your appliances. This will protect them when service is restored, prevent electrical fires and lessen the chances of circuit overload when service is restored. You may leave one light on to serve as a visual signal that power has been restored.

Storm Safety Tips:

Stay clear of downed power lines. They may still be energized and dangerous. Puddles of water contacting downed lines are just as dangerous.

Don't trim trees or remove debris located near downed power lines. If you must remove debris from your home, don't pile it under or near electrical lines or equipment.

Residents on life support need to have an alternate plan in place to ensure the continuity of any life-support needs. This may include making special arrangements to spend time with a friend or relative during an outage or using a back-up generator.

If operating a portable generator, keep it outside and in an open area. Carbon monoxide emissions can be harmful. Follow all instructions regarding safe operation. Do not connect the generator directly to your main electrical panel. If installed incorrectly, power could flow into outside lines and injure you, your neighbors or utility crews working in the area.

Avoid detaining LCEC employees or contractors while they are working to restore power. This can be distracting, can cause an accident, and impedes the process.*

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Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free autism spectrum disorder screening for toddlers 18 months to 5 years of age on the Ronald McDonald Care Mobile at the Family Health Center on Friday, June 15 from 9:30 a.m. to 2 p.m.

It is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders. A physician referral is not required.

The Family Health Center is located at 2256 Heitman Street in Fort Myers. To schedule a screening, call 343-6838.*

dearRPharmacist

Aloe Vera Has 10 Impressive Uses



by Suzy Cohen, RPh

Dear Readers:

Aloe vera made a couple of headlines recently. The first was when the actress Drew Barrymore dabbed some on a facial sore, and it instantly took out the redness. The

second was when Prop 65 regulations in California called out a known carcinogen in aloe vera called "aloin."

Don't worry, aloe will never get banned.

Not to be morbid from the get-go, but extracted compounds from this spiky succulent were used in the middle east during ancient times to clean dead bodies and prepare them for burial.

Plants of aloe vera give us two different substances, one is called "gel" and the other is called "latex." Both have medicinal value. The gel is the clear part that comes from the center of the leaf. You know it well... it looks like jelly and it's what you put on the skin for cuts and minor burns. The aloe latex is visible just beneath the plant's outer skin, and it's yellow in color. This has a laxative effect on the body.

Aloe is very useful for psoriasis, food sensitivities, diabetes, gastritis and gingivitis. If these topics interest you, I have a way longer version of this article which I'll email to you next week if you sign up to receive my free health newsletter at www.suzycohen.com.

Right now, here are 10 things you can use your aloe plant for:

1. Moisturize Yourself – Mix some into your favorite lotion and put on your face or arms.

2. Heal Bug Bites – Dab aloe gel directly onto painful or itchy bug bites, or combine the aloe in the palm of your hand with some hydrocortisone cream.

3. Cool Off Burns – Squeeze a dab of aloe vera into traditional burn ointment and use on superficial burns.

4. Soothe Eczema Itch – You can buy any salt or sugar scrub that feels good to you and just mix in aloe vera gel.

5. Ease Dandruff – Find a selenium sulfide-based shampoo and add some aloe vera gel to the shampoo then massage to your scalp.

6. Fix Gingivitis – Squeeze some aloe vera gel onto your toothbrush and brush like normal.

7. Shave Your Legs – Instead of using expensive, perfumed shaving cream on your legs, use aloe vera gel.

8. Get Moving – There are commercially prepared products used as dietary supplements which might help constipation. Some people like this, others react poorly.

9. Succulent Facial – Do you want softer skin and more radiance without spending a fortune on fancy creams? Apply the gel to your cheeks and forehead, and rest for 15 minutes. Rinse and pat dry.

10. Soothe A Sunburn – Snap off a stalk from your aloe plant and apply the clear gel onto the sunburned area for a natural cooling balm. It helps with redness and inflammation.

These sound great and they are for most people. Occasionally with aloe, you hear of unexpected problems such as diarrhea, skin or eye irritation and possibly dehydration from the laxative effect.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽

New Moon Meditation Class

The next New Moon Meditation class will be held on Wednesday, June 13 at 7:45 p.m. Participants are invited to participate in a guided meditation on the beach as the sun sets and the moon rises. The class will meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. The suggested donation is \$10 to \$15, with all proceeds donated to benefit the Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit www.ambuyoga.com or call 314-9642.✽

Free App Tracks Reported Illnesses

Sickweather, the world's first real-time map of human health, shows allergies have peaked nationally and are on the way down.

The app tracks reported illnesses and symptoms, delivering a local overview of what's going around.

Currently, the top three trending illnesses and symptoms in the Fort Myers area are the common cold, allergies and cough.

To track local illness trends anywhere in the U.S., download the free Sickweather mobile app at:

iOS – <http://sick.io/ios>

Android – <http://sick.io/android>✽

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have a brother who is suffering from PTSD and needs treatment. No one seems to be able to convince him to get help. Why do you think he won't get the help he needs?

A: Post Traumatic Stress Disorder is the most complicated and complex of the stress-related psychological disorders. There are distortions that can complicate recovery, and my thought is your brother may feel shattered and nothing can put him together again. This is a normal distorted thought and certainly complicates the recovery process. Some other reasons your brother may not seek treatment are as follows:

1. Those who seek treatment are weak and dependent. It's a strength to recognize areas would help and benefit us. A proper treatment plan encourages self-reliance, and healing helps us reach this.

Healing PTSD also helps to improve the comorbid psychological conditions that block progress and enjoyment.

2. If one shows that he/she has feelings, they feel they will lose control. It's the opposite that is true. People are more likely to lose control by bottling

up feelings in an unhealthy way. It is actually liberating to show that it's okay to show human emotions and utilize that emotional flexibility including using one's spiritual muscles that help show vulnerability. It's a matter of feeling it to healing it.

3. One can only be tough and mean. Many people who put on the tough facade are really tenderhearted but don't feel they can show their true feelings. It's okay to show affection and ask for it as well.

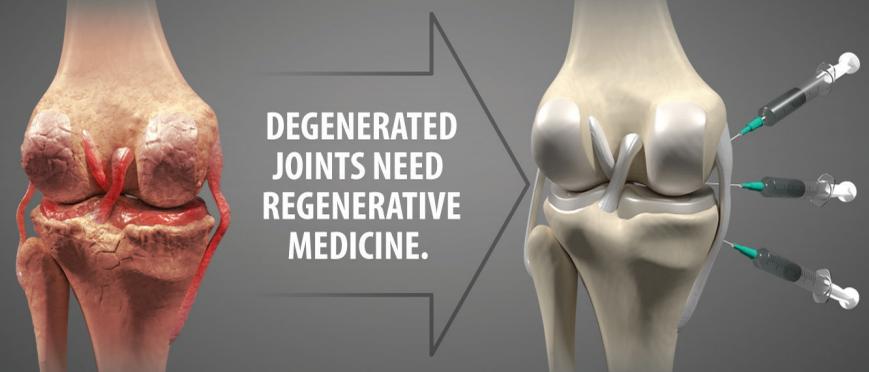
4. People often feel they have to remain guarded and not relax. It's important to take a breather and let go. Holding onto that stress is unhealthy and toxic. When one lets go, functioning becomes better.

5. A belief that the symptoms will go away with time. That is a possibility, but most likely if they are severe, they likely won't.

There may be a lot of shame and guilt and some feel irrevocably bad for what they did and feel they will never get over it. If people could begin to take some steps needed to recover and heal, new coping skills can be learned and, in the long run, can ultimately help one become more like their true self. You may want to share this with your brother and offer your support in his recovery.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✽

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Gulf Coast Symphony	472-6197
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Naples Philharmonic	597-1111
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Symphonic Chorale of SW Florida	560-5695
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PAWS	472-4823
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Sanibel Bike Club	sanibelbicycleclub.org
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Sanibel-Captiva Republican Caucus	395-1202
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Zonta Club	728-1971
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JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

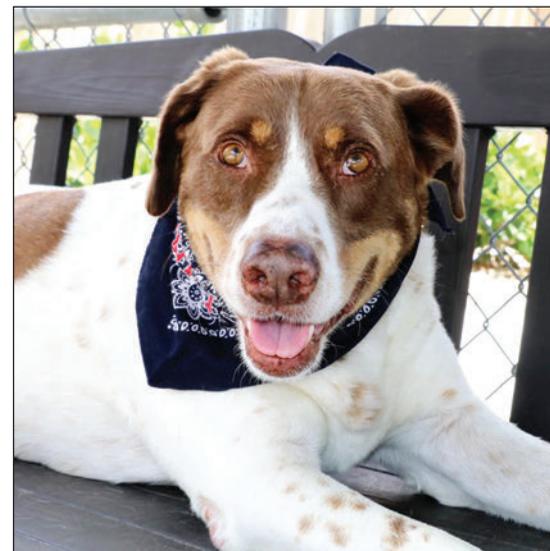
Chewie And Trenton



Chewie ID# A739179

In a shelter not so far away, Chewie is waiting to meet you. He's a 2-year-old male terrier mix (or maybe a Wookiee; hard to tell with that figure) who loves to play fetch, cuddle and co-pilot the Millennium Falcon (or so we've heard). The force is strong with this one. Come rescue him today. Chewie's adoption fee is \$75.

Trenton is a 5-year-old male hound mix who is a laid-back gentleman that likes to hang out and keep an eye on things in the play yard. His



Trenton ID# A739211

favorite pastime is getting belly rubs from the shelter staff of volunteers. His adoption fee of \$75 includes spay, up-to-date vaccinations, rabies, county license, 10-day health guarantee. That's a \$500 package.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.✪

Haven on Earth Animal League

Gemma And Paige

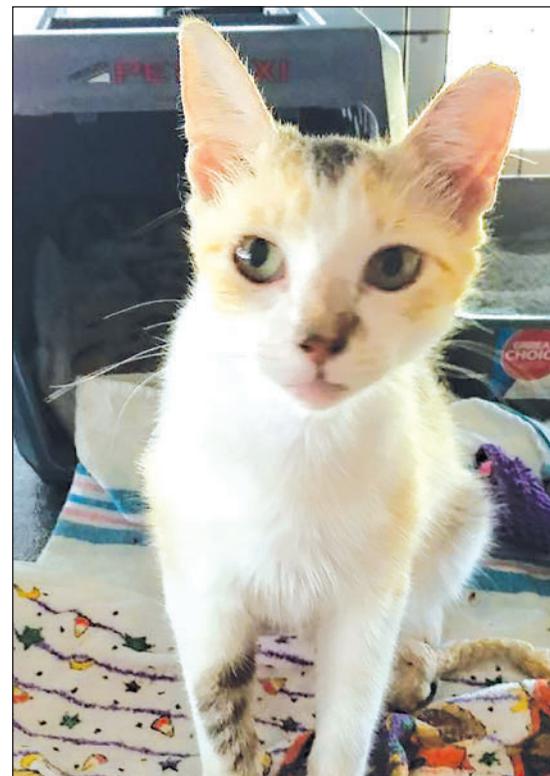


Gemma

Hi there! My name is Gemma. I am a beautiful, 10-month-old, black and white tuxedo kitty. I am spayed and up-to-date on all vaccines. I can be a little bossy at times, but I'm still very sweet! I'm currently staying at Petco in Gulf Coast Town Center. My adoption fee is \$100.

Hello, I'm Paige. I am a beautiful, calico female kitty, not even 2 years old. I am very affectionate and I even get along with friendly dogs. I have been fully vetted and brought up-to-date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom. My adoption fee is \$75.

Haven on Earth Animal League, Inc. is a 501(c)3 nonprofit animal rescue organization



Paige

in Fort Myers, Florida operated completely by volunteers. Our mission is to rescue, house, rehabilitate and re-home abused, unwanted, neglected and homeless animals into forever, loving homes.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.✪

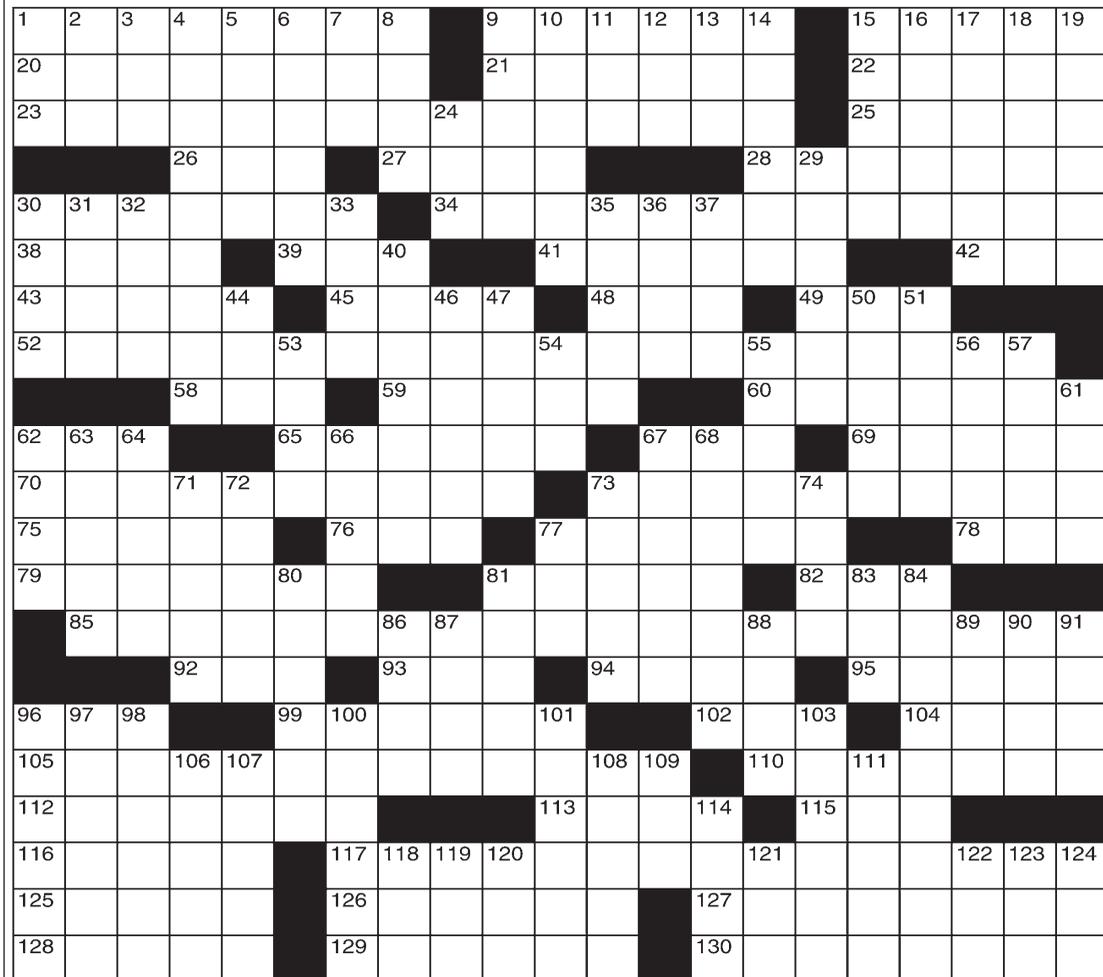
PUZZLES

Answers on page 53

Super Crossword

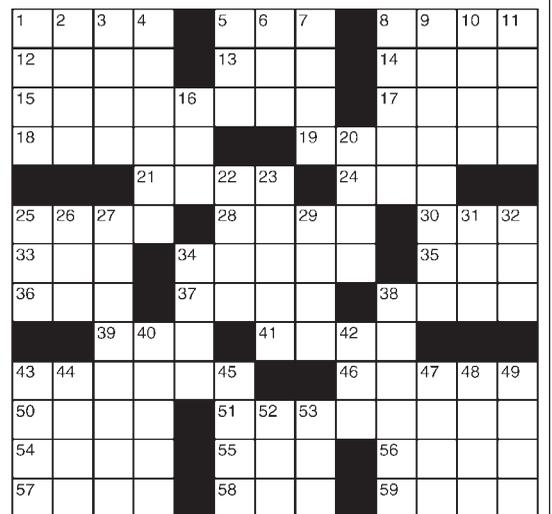
RECREATIONAL MATHEMATICS

- ACROSS**
- 1 Sovereign
 - 9 "And on and on and on": Abbr.
 - 15 Like saltines
 - 20 Fit to send via the postal service
 - 21 Old-time comedian Russell
 - 22 Designer Oscar de la —
 - 23 Olive Oyl's guy, to a math lover?
 - 25 Hall's partner in music
 - 26 Chicken —
 - 27 "Have — a deal for you!"
 - 28 Increases, as debt
 - 30 2011-15 speaker of the House
 - 34 Huge grin, to a math lover?
 - 38 Meditative discipline
 - 39 "Oh really? — who?!"
 - 41 Old Carl Sagan series
 - 42 Guitarist Nugent
 - 43 Layer with a "hole" in it
 - 45 Hand lender
 - 48 Narrow coastal inlet
 - 49 R.E. Lee's org.
 - 52 Male Oscar category, to a math lover?
 - 58 Cry audibly
 - 59 Sir — Newton
 - 60 One like the previous one
 - 62 Suffix with leopard
 - 65 Will subject
 - 67 Lump of mayo, e.g.
 - 69 Harsh in tone
 - 70 "Les Misérables" author, to a math lover?
 - 73 More done than "bloody," to a math lover?
 - 75 Pretty up
 - 76 Mimic
 - 77 Ballpark bite
 - 78 Casual greetings
 - 79 Cry upon arriving
 - 81 Air, as an oldie
 - 82 Wallach of "The Misfits"
 - 85 Spinning measure, to a math lover?
 - 92 — while
 - 93 Extra NBA periods
 - 94 Petrol station name
 - 95 "— Marner"
 - 96 Stick on
 - 99 Reporter, informally
 - 102 South, south of the border
 - 104 Tetra- + five
 - 105 Protective spirit, to a math lover?
 - 110 Motoring TV series
 - 112 No fewer than
 - 113 Burglarizes
 - 115 Jerry's uncle on "Seinfeld"
 - 116 Certain floor specialist
 - 117 1950 black-comedy film noir, to a math lover?
 - 125 Lift with effort
 - 126 Motionless
 - 127 Talked nonsense
 - 128 Pack-toting animals
 - 129 Carmelite nun
 - 130 Vampire novelist
 - DOWN**
 - 1 Mini-demon
 - 2 — Zedong
 - 3 Domino spot
 - 4 Pachyderms
 - 5 Silky fabric
 - 6 Alpine goats
 - 7 Height stat
 - 8 Utah City near Provo
 - 9 Belgian artist James
 - 10 Big name in breath mints
 - 11 Tax doc. pro
 - 12 U.S. aliens' subj.
 - 13 Hot brew
 - 14 Storied duelist with a big nose
 - 15 Gators' kin
 - 16 Supply with a new weapon
 - 17 Have a hunch
 - 18 Remington of 1980s TV
 - 19 Went by
 - 24 Yolk's place
 - 29 Med. x-ray
 - 30 Party abbr. about drinks
 - 31 Seep
 - 32 Huge heads
 - 33 Get as profit
 - 35 Classical column style
 - 36 "The ball — your court"
 - 37 Hi-tech 'zine
 - 40 "Hush!"
 - 44 Tijuana "that"
 - 46 Prescription measure
 - 47 Lyric Muse
 - 50 Derision
 - 51 Floral oil
 - 53 Rival of Lyft
 - 54 — kwon do
 - 55 One-named Italian model
 - 56 "Hey, I was thinking ..."
 - 57 Glossy proof
 - 61 Deli breads
 - 62 "Well, Did You —?" (Cole Porter tune)
 - 63 Nisan feast
 - 64 Win points
 - 66 SeaWorld killer whale
 - 67 Outfits
 - 68 Peculiarity
 - 71 Roman fountain
 - 72 Shallot's kin
 - 73 — code
 - 74 Many moons
 - 77 Mother bird
 - 80 Singer Morissette
 - 81 Bow rub-on
 - 83 Guitarist Paul
 - 84 Freezing up
 - 86 City
 - 87 "— trap!"
 - 88 Beat big-time
 - 89 Balm plant
 - 90 Mama's ma
 - 91 Old overlord
 - 96 Christie of mystery
 - 97 Import taxes
 - 98 City in Texas
 - 100 Annoys a lot
 - 101 Way to leave
 - 103 Arrive, as fog
 - 106 Christopher of "Superman"
 - 107 Ventures informally
 - 109 Diminish
 - 111 Annoy
 - 114 Mixer choice
 - 118 Aztec cousin
 - 119 "I'm cold!"
 - 120 View
 - 121 It may dispense
 - 122 Old ring king
 - 123 Abbr. on a camcorder
 - 124 HST follower



King Crossword

- ACROSS**
- 1 Grand story
 - 5 Recipe meas.
 - 8 Slender smoke
 - 12 Stereo precursor
 - 13 Conger or moray
 - 14 Opposed to
 - 15 Sit on eggs
 - 17 Highlander
 - 18 Rib
 - 19 Off the path
 - 21 Thing
 - 24 Golf prop
 - 25 Related
 - 28 Sandwich shop
 - 30 Shock and —
 - 33 Lair
 - 34 Duck down
 - 35 Vast expanse
 - 36 Pouch
 - 37 Male 38-Across
 - 38 See 37-Across
 - 39 Eggs
 - 41 Unrivaled
 - 43 Legendary
 - 46 Adult insect
 - 50 Sahara-like
 - 51 On an angle
 - 54 Rinky- —
 - 55 Use the microwave
 - 56 Unrivaled
 - 57 Long story
 - 58 Flightless bird
 - 59 Tackles' teammates
 - 8 Haste result
 - 9 Enlarge
 - 10 Old portico
 - 11 Compassion
 - 16 Wager
 - 20 Use a swizzle stick
 - 22 Fix a manuscript
 - 23 Olympics prize
 - 25 Billboards
 - 26 Mauna — cups and saucers and such
 - 6 See 5-Down
 - 7 Entreaty
 - 8 Jacob's brother
 - 9 End
 - 10 Bullshot ingredient
 - 16 Zero
 - 20 Crazes
 - 22 Operatic solo
 - 25 Dimension
 - 27 Any time now
 - 28 Neuter
 - 29 Rhyming tributes
 - 32 "Platoon" setting, for short
 - 33 Innards of a PC
- DOWN**
- 1 Send forth
 - 2 Corn concoction
 - 3 Erstwhile Peruvian
 - 4 Family member
 - 5 With 6-Down, cups and saucers and such
 - 6 See 5-Down
 - 7 Entreaty
 - 8 Haste result
 - 9 Enlarge
 - 10 Old portico
 - 11 Compassion
 - 16 Wager
 - 20 Use a swizzle stick
 - 22 Fix a manuscript
 - 23 Olympics prize
 - 25 Billboards
 - 26 Mauna — cups and saucers and such
 - 6 See 5-Down
 - 7 Entreaty



MAGIC MAZE

SHY WORDS

W E B X U Q R N J G D Z W T Q
 N K H D A X U E R P M J G D A
 X F V S Q N K I T F D A X V T
 Q L K O Y H S I F S M J H F C
 A E Y C W L U R P N Y T Y L J
 H S F D O Y H S U G R H H B Z
 X H V S H L T R Y A S Q S C O
 M Y H S A W Y H S I W S U U K
 I Y R H F D S H D B Z Y P S B
 W A V T R U Y Q S S E N Y H S
 M O N L M K I H F D C A Z Y X

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bushy
- Fleshy
- Pushy
- Swishy
- Cushy
- Gushy
- Shylock
- Trashy
- Dishy
- Marshy
- Shyness
- Wishy-washy
- Fishy
- Mushy
- Sloshy



Bob Schuster
 "Relax — I haven't been married before!
 You smell _____ because
 this was Mom's wedding dress!"
 answer on page 55

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Defer
VESEHL

Shiver
MORTER

Key
PETALS

Strange
ZEIBRAR

TODAY'S WORD

7			3	6				4
	1				9			3
		4	8				1	
	7				5	4		
6				7				2 5
		8	6					1
9	2				6	8		
		1		8				9
	3		5					2

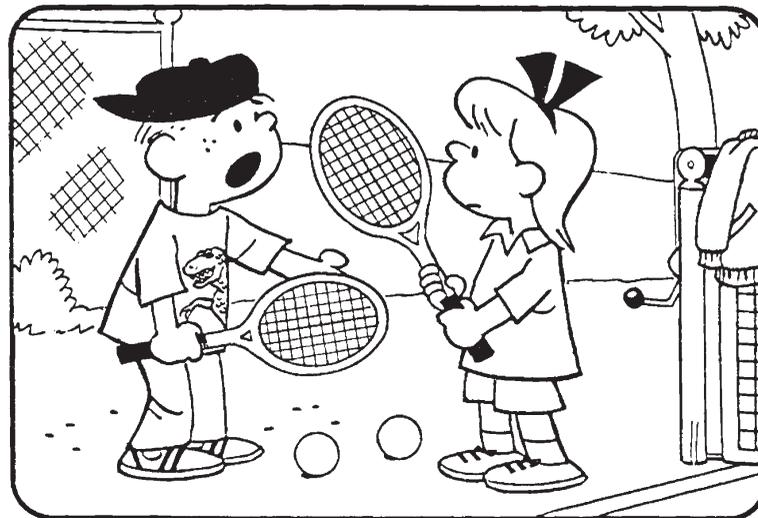
SUDOKU

To play Sudoku:
 Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

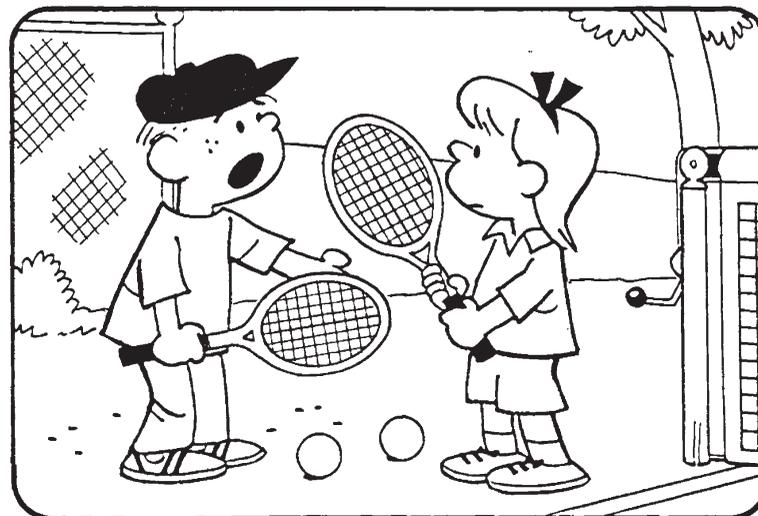
answer on page 53

HOCUS-FOCUS

BY
 HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is reversed. 2. Dinosaur is missing. 3. Racket is shorter. 4. Bow is smaller. 5. Blouse is shorter. 6. Jacket is missing.

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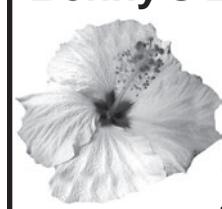
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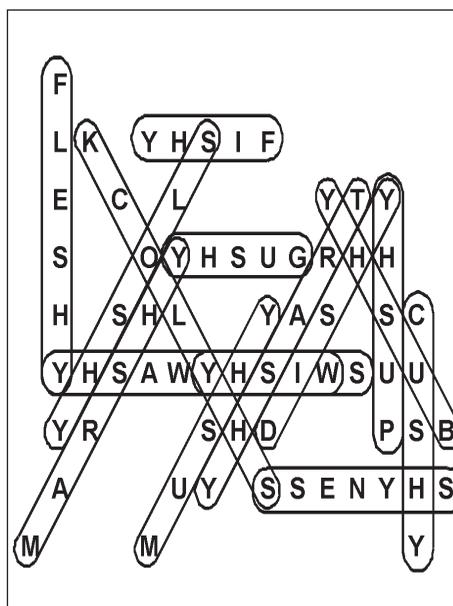
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9	2	5	7	1	6	8	4	3
4	6	1	2	8	3	5	9	7
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My Stars ★★★★★

FOR WEEK OF JUNE 11, 2018

Aries (March 21 to April 19) Cheer up, Lamb. Your emotional impasse will lift once you allow your highly tuned sense of justice to guide you on what to do about an associate's questionable behavior.

Taurus (April 20 to May 20) News about a project you hoped to work on might need more clarification. Take nothing just on faith. Draw up a list of questions, and insist on each being fully answered.

Gemini (May 21 to June 20) Giving your time to help others is fine. But don't lose sight of your own needs. Make plans for an energy-restoring getaway with that very special person in your life.

Cancer (June 21 to July 22) Congratulate yourself on getting that difficult job done to everyone's satisfaction. This could be the first of many such challenges you might be offered down the line.

Leo (July 23 to August 22) With your enthusiasm soaring again, you feel ready to tackle a tough new assignment. Good for you! And remember: Don't be too proud to accept help when it's offered.

Virgo (August 23 to September 22) Cupid rules the week for single Virgos eager to make a romantic connection. Meanwhile, Virgo couples experience renewed commitment in their relationships.

Libra (September 23 to October 22) Home and work issues vie for your attention through early next week. Rely on your Libran sense of balance to keep you from being overwhelmed by either side.

Scorpio (October 23 to November 21) Creative projects might have to go on standby as you tackle other matters making demands on your time and energy. Things should ease by the middle of next week.

Sagittarius (November 22 to December 21) Your energies are high, and so are your aspirations. But be careful not to let work dominate the week. It's also important to spend time with family and friends.

Capricorn (December 22 to January 19) It's a good time to set aside your pride and stop nursing those hurt feelings. Instead, consider restoring relationships you want to have back in your life.

Aquarius (January 20 to February 18) You might be miffed at not being shown more appreciation for your hard work. But don't brood over it. Recognition comes in its own time and in its own way.

Pisces (February 19 to March 20) With your inner creative juices starting to boil and

bubble, this is a good time to launch a new arts-related project, or go back and restart the one you had set aside.

Born This Week: You have a way of seeing the best in people, which helps encourage them to live up to your perceptions.

STRANGE BUT TRUE

- It was computer guru Jef Raskin who made the following sage observation: "Imagine if every Thursday your shoes exploded if you tied them the usual way. This happens to us all the time with computers, and nobody thinks of complaining."

- The Secret Service is well-known today as the protector of the U.S. president, so you might be surprised to learn that it was originally established to fight counterfeit currency.

- The world record for the most

published works by a single author is held by L. Ron Hubbard (who also, incidentally, founded the Church of Scientology). His first work was published in February 1934, and his final work – number 1,084 – was published in March 2006.

- Doubtless you've heard of the Taj Mahal in India, but did you know that there is a tourist attraction in America that is so grand it is popularly known as the Taj Mahal of the West? In 1968, a group of Hare Krishnas founded the New Vrindaban Community near Wheeling, West Virginia. Though they began on 100 acres with no electricity or running water, the community now covers more than 1,200 acres and features Prabhupada's Palace of Gold, an ornate edifice of gold, marble and hand-carved teakwood. The award-winning rose garden alone is said to be worth a trip.

- Those who study such things claim that in the wild, animals don't die of old age.

- The town of Key Largo, Florida, did not exist before the 1948 film of that name starring Humphrey Bogart made it famous.

- Due to a series of earthquakes in 1811 and 1812, the Mississippi River ran backward for a time.

THOUGHT FOR THE DAY

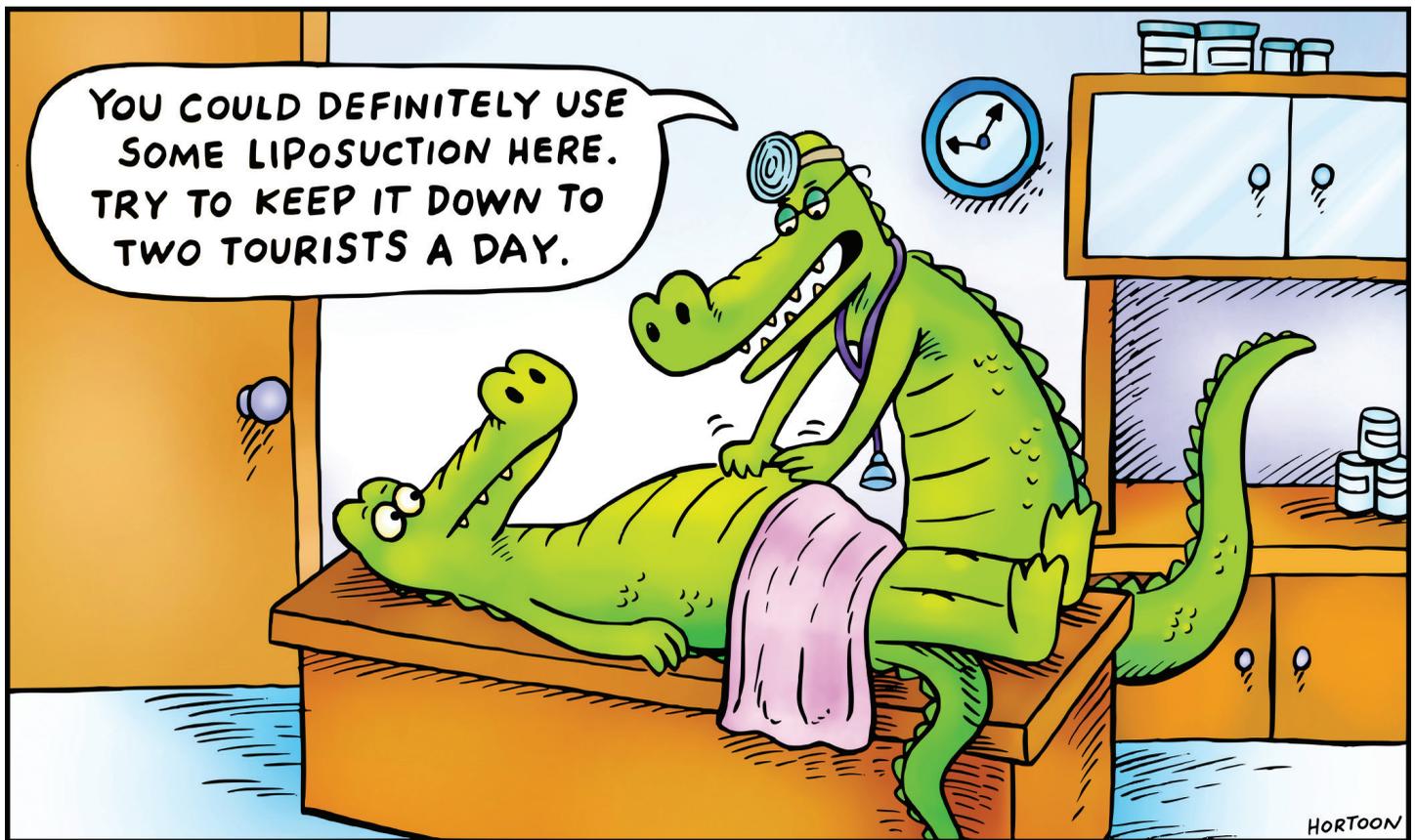
"To fall in love is to create a religion that has a fallible god." – Jorge Luis Borges

SCRAMBLERS

- Shelve; 2. Tremor;
3. Staple; 4. Bizarre

Today's Word
MOTHBALLS

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2018	6,121	\$7,885,000	\$7,500,000	55
Twin Palm Estates	Fort Myers	2013	6,479	\$3,295,000	\$2,975,000	125
Verona Lago	Miromar Lakes	2003	3,442	\$1,875,000	\$1,800,000	3
Devonwood	Fort Myers	2001	5,682	\$1,695,000	\$1,625,000	120
Riverwalk	Bonita Springs	1991	4,586	\$1,499,000	\$1,400,000	21
Fa Lanes Bayview	Captiva	1980	2,335	\$1,359,000	\$1,306,305	105
Idlewilde	Estero	2006	3,230	\$1,295,000	\$1,250,000	16
Wildewood	Fort Myers	2007	3,590	\$1,124,900	\$1,060,000	199
Bright Water	Sanibel	1998	2,289	\$1,049,000	\$1,000,000	56
Cape Coral	Cape Coral	2018	2,700	\$899,000	\$860,000	0



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